

Drop It Low

COPPERKNOB
STEPSHETS

拍数: 56 墙数: 4 级数: Intermediate / Higher Intermediate
编舞者: Dwight Meessen (NL) & Marianne Schmitz (NL) - August 2012
音乐: Drop It Low - Kat Deluna



Start from 15 seconds, when she sings: "Move your body baby"

2 x Walk Fwd, Step R Side with a hip bump, Hip Bump, Hip Bump, Hip Bump, ¼ Turn Right, ¼ Turn Right, Behind, Side ,Cross

- 1 RF Walk Fwd
- 2 LF Walk Fwd
- 3 RF Step to Right side, hip bump to right
- & LF Hip bump to Left side
- 4 RF Hip bump to Right side
- & LF Hip bump to Left side
- 5 RF Step ¼ Turn(right) (3)
- 6 LF Step ¼ Turn (right) (6)
- 7 RF Cross behind L
- & LF Step to Left side
- 8 RF Cross over L

Side Rock, Recover, Sailor ¼ Turn(left), ½ Turn (left), Touch Bump & Step Fwd

- 1 LF Rock out to Left side
- 2 RF Recover weight
- 3 LF ¼ Turn R, Cross step R behind L(3)
- & RF Step in place
- 4 LF Step fwd on R
- 5 RF Step fwd
- 6 R+L ½ Turn (left) (9)
- 7 RF toe diagonal bump hip Right
- & Bump hip Left
- 8 RF Step fwd

¼ Turn(right), Cross Behind L, Step L side with a Hip Bump, Hip Bump, Hip Bump(weight on R), L Rock Back , Recover, ½ Turn (right)

- 1 LF Step ¼ Turn, step to Left side(right)(12)
- 2 RF Cross behind L
- 3 LF Step to Left side, hip bump to Left
- & RF Hip bump to Right
- 4 LF Hip bump to Left, weight on Right
- 5 LF Rock Back
- 6 RF Recover Weight
- 7 LF Step fwd
- 8 L+R ½ Turn (right) (6)

Hip Sways Left , Right, Coaster Step, ½ Turn(left)Side Rock R, Recover Weight

- 1 Sway Left
- 2 Sway Right
- 3 LF Step Back
- & RF Step together
- 4 LF Step fwd
- 5 RF Step fwd

- 6 R+L ½ Turn(Left) (12)
- 7 RF Rock out to Right side
- 8 LF Recover weight

Cross over L, Side Rock , Recover, Side, Cross Behind, ¼ Shuffle Fwd(right)

- 1 RF Cross over L
- 2 LF Rock out to Left side
- 3 RF Recover weight
- 4 LF Cross over R
- 5 RF Step to Right side
- 6 LF Cross behind R
- 7 RF ¼ Turn Fwd, Step fwd(right) (3)
- & LF Close next to R
- 8 RF Step Fwd

½ Turn(right), Shuffle Fwd, Full Turn Fwd(left), Rock Fwd, Recover

- 1 LF Step fwd
- 2 L+R ½ Turn(right) (9)
- 3 LF Step fwd
- & RF Close next to L
- 4 LF Step fwd
- 5 RF ½ Turn fwd, step back(left)
- 6 LF ½ Turn fwd, step fwd(left)
- 7 RF Rock fwd
- 8 LF Recover weight

&, Touch, &, Touch, &, Touch, Kick, Rock Back, Recover, Step Fwd, Flick R Back

- & RF Step on position
- 1 LF Touch left fwd
- & LF Step on position
- 2 RF Touch right fwd
- & RF Step on position
- 3 LF Touch left fwd
- 4 LF Kick fwd
- 5 LF Rock Back
- 6 RF Recover weight
- 7 LF Step fwd
- 8 RF Flick R behind up

Restarts:-

In the 2nd wall after count 48

In the 4th wall after count 48

In the 6th wall after count 48