

Wo Xin Sang Hai

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: SYn - August 2012
音乐: Wu Xin Sang Hai (無心傷害) - Alex To (杜德偉)



Start : 32 counts

DIAGONAL LOCK STEP R, DIAGONAL LOCK STEP L

1 – 2 Step R diagonal forward, step L behind R (1.30)
3 & 4 Step R diagonal forward, step L behind R, step R forward
5 – 6 Step L diagonal forward, step R behind L (11.30)
7 & 8 Step L diagonal forward, step R behind L, step L forward

ROCK R FORWARD, 1/8 L TURN, CROSS SHUFFLE, SWAY L, SWAY R, SAILOR 1/4 L

1 – 2 Step R forward, 1/8 L turn (9.00)
3 & 4 Cross R over L, step L to L, cross R over L
5 – 6 Sway L, sway R
7 & 8 Sweep L making 1/4 L turn step next to R, on ball of R, step L forward (6.00)

ROCK R FORWARD RECOVER 1/2 R TURN SHUFFLE, ROCK L FORWARD RECOVER 3/4 L TURN SHUFFLE

1 – 2 Rock R forward, recover on L
3 & 4 Step R to 1/4 R turn, step L next to R, step R to 1/4 R turn (shuffle) (12.00)
5 – 6 Rock L forward, recover on R (3.00)
7 & 8 Step L to 1/4 L turn, step R next to L, step L to 1/2 L turn (shuffle)

R ROCK CROSS SHUFFLE L ROCK BEHIND SIDE FORWARD

1 – 2 Rock R to R, recover on L
3 & 4 Cross R over L, step L to L, cross R over L
5 – 6 Rock L to L, recover on R
7 & 8 Step L behind, step R to R, step L forward (3.00)

No Restart No Tag, Happy Dancing !!
