

Cheap Talk

拍数: 64 墙数: 4 级数: Beginner
编舞者: Gaye Teather (UK) - August 2012
音乐: Talk Is Cheap - Alan Jackson : (CD: Thirty Miles West.)



64 count intro - Dance rotates in CW direction

Right toe. Heel. Toe. Kick. Coaster step. Hold

- 1 – 2 Touch Right toe beside Left. Touch Right heel forward
- 3 – 4 Touch Right toe beside Left. Kick Right forward
- 5 – 8 Step back on Right. Step Left beside Right. Step forward on Right. Hold

Left toe. Heel. Toe. Kick. Coaster step. Hold

- 1 – 2 Touch Left toe beside Right. Touch Left heel forward
- 3 – 4 Touch Left toe beside Right. Kick Left forward
- 5 – 8 Step back on Left. Step Right beside Left. Step forward on Left. Hold

Vine Right. Cross. Right side rock. Cross. Hold

- 1 – 4 Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross Left over Right
- 5 – 8 Rock Right to Right side. Recover onto Left. Cross Right over Left. Hold

Vine Left. Cross. Left side rock. Cross. Hold

- 1 – 4 Step Left to Left side. Cross Right behind Left. Step Left to Left side. Cross Right over Left
- 5 – 8 Rock Left to Left side. Recover onto Right. Cross Left over Right. Hold

Rumba box

- 1 – 4 Step Right to Right side. Step Left beside Right. Step forward on Right. Hold
- 5 – 8 Step Left to Left side. Step Right beside Left. Step back on Left. Hold

Back rock. Right diagonal step-lock-step. Left diagonal step-lock-step

- 1 – 2 Rock back on Right. Recover onto Left
- 3 – 4 Step Right forward to Right diagonal. Lock Left behind Right
- 5 – 6 Step Right forward to Right diagonal. Turning to face Left diagonal step diagonally forward on Left
- 7 – 8 Lock Right behind Left. Step Left forward to Left diagonal

Cross rock. Side. Hold. Cross rock. Quarter turn Left. Brush

- 1 – 4 Cross rock Right over Left. Recover onto Left. Step Right to Right side. Hold
- 5 – 6 Cross rock Left over Right. Recover onto Right
- 7 – 8 Quarter turn Left stepping forward on Left. Brush Right forward (Facing 9 o'clock)

Step. Brush (x 4) making half turn Left

- 1 – 2 Make one eighth turn Left stepping forward on Right. Brush Left forward
- 3 – 4 Make one eighth turn Left stepping forward on Left. Brush Right forward
- 5 – 6 Make one eighth turn Left stepping forward on Right. Brush Left forward
- 7 – 8 Make one eighth turn Left stepping forward on Left. Brush Right forward (Facing 3 o'clock)

Start again