

# Anyway But Up

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate / Advanced  
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音乐: Up! - Shania Twain : (Album: Up)



## WALK FORWARD RIGHT, LEFT, RIGHT PROMENADE, AND THEN WALK LEFT, RIGHT, LEFT PROMENADE

1,2            Walk forward right then left  
3&4           Right promenade  
5,6            Walk forward left then right  
7&8            Left Promenade

## ROCK FORWARD R, RECOVER, COASTER STEP, STEP FORWARD L WITH A ½ TURN R, & R PROMENADE

9,10           Rock forward on R foot, recover on L foot  
11&12        Step R back, L together, & R forward  
13,14        Step forward on L & pivot ½ turn to R, step forward on R  
15&16        L promenade forward

## STEP R OUT TO SIDE, L IN PLACE & CROSS R OVER L, STEP L OUT TO SIDE R IN PLACE, & CROSS L OVER R, AND THEN REPEAT EACH STEP AGAIN

17&18        Step R out to the side, step L in place, & cross R over L  
19&20        Step L out to the side, step R in place, & cross L over R  
21&22        Step R out to the side, step L in place, & cross R over L  
23&24        Step L out to the side, step R in place, & cross L over R

## SYNCOATED WEAVE TO THE RIGHT, AND THEN ROCK STEP AND RECOVER

25,26&27    Step R, step L behind, step R beside L, and then cross L over R  
28,29&30    Step R, step L behind, step R beside L, and then cross L over R  
31,32        Rock R out to side & recover L in place

## CROSS SHUFFLE, SIDE SHUFFLE, CROSS SHUFFLE, AND THEN A ROCK STEP AND RECOVER, WITH ¼ TURN

33&34        Cross R over L, L to R side of R, step R to L (wee-wee step)  
35&36        Step L to L, R beside L, and L to L  
37&38        Cross R over L, L to R side of R, step R to L (wee-wee step)  
39,40        Rock L out to L side, and recover on R in place with a ¼ turn to L

## L PROMENADE WITH ½ TURN , R PROMENADE, STEP L PIVOT ½ TURN, STEP R, AND L PROMENADE

41&42        L promenade with a ½ turn to the L  
43&44        R promenade forward  
45,46        Step forward L & pivot ½ turn to R, step forward R  
47&48        L Promenade forward

End of dance, Start over

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