

Mr Postman

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Beginner
编舞者: Terri Lineberry (USA) - July 2012
音乐: Please Mr. Postman - Carpenters : (CD: Horizons - iTunes)



Begin on lyrics: 16 count intro

HEEL FORWARD, HEEL HOOK, HEEL TOGETHER, TRIPLE RIGHT FORWARD

1-2 Touch right heel forward, hook right across left
3-4 Touch right heel forward, flick right to right
5-6 Step right forward, step left to right
7-8 Step right forward, scuff left beside right

HEEL FORWARD, HEEL HOOK, HEEL TOGETHER, TRIPLE LEFT FORWARD

1-2 Touch left heel forward, hook left across right
3-4 Touch left heel forward, flick left to left
5-6 Step left forward, step right to left
7-8 Step left forward, scuff right beside left

TOE STRUT JAZZBOX ¼ TURN RIGHT

1-2 Step right toe across left, down on right heel
3-4 Step left toe back ¼ turn right, down on left heel
5-6 Step right toe to right, down on right heel
7-8 Step left toe forward, down on left heel

TOE STRUT JAZZBOX ¼ TURN RIGHT

1-2 Step right toe across left, down on right heel
3-4 Step left toe back ¼ turn right, down on left heel
5-6 Step right toe to right, down on right heel
7-8 Step left toe forward, down on left heel

REPEAT AGAIN
