

Serenada

拍数: 32 墙数: 4 级数: Improver
编舞者: Mark Furnell (UK) - July 2012
音乐: Serenada - Morandi : (Album: Best World Dance Hits 2012 -Track 19)



Music Available for download from <http://www.music-bazaar.com/Best-World-Hits-2012-CD6>

[1-8] Cross, Hold, Cross, Hold, Side, Back, Lock step Back

1,2 Step Rt across Lt stepping Fwd, Hold
3,4 Step Lt across Rt stepping Fwd, Hold
5,6 Step Rt to Rt side, Step back on Lt
7&8 Step Back Rt, Step Lt across Rt, Step back Rt.

[9-16] Rock step, Shuffle ½ turn, Rock Step, Kick and Point

1-2 Rock Back on Lt, Replace Rt
3&4 Step fwd Lt making ¼ turn Rt, Close Rt to Lt, Step Back Lt making ¼ turn Rt
5, 6 Rock Back on Rt, Replace Lt
7&8 Kick Rt Fwd, Step down on Rt and Point Lt to toe to Lt side.

[17-24] Cross, ¼ turn, ¼ turn, Point. Rolling vine

1, 2 Cross Left over Rt, Step Rt to Rt making ¼ turn Lt
3, 4 Step Lt to Lt making ¼ turn Lt, Point Rt toe to Rt
5, 6 Step Rt to Rt making ¼ turn Rt, Step Lt to Lt making ½ turn Rt
7 8 Step Rt to Rt making ¼ turn Rt, Touch Lt to Rt.

[25-32] Chasse, Rock back, Step ¼ turn, Step ½ turn, Pivot ½ turn.

1&2 Step Lt to Lt, Close Rt to Lt, Step Lt to Lt
3,4 Rock back Rt, Replace Lt,
5,6 Step Rt to Rt making ¼ turn Lt, Step Fwd Lt making ½ turn Lt
7,8 Step Forward Rt, Pivot ½ turn Lt. (weight on left).

Happy Dancing.....
