

What Makes You Beautiful

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Yeo Yu Puay (MY) - July 2012
音乐: What Makes You Beautiful - One Direction : (Single)



Intro: 16 counts

[1-8] FORWARD, ANCHOR STEP, BACK ROCK, 1/4 PIVOT CROSS, SIDE/SQUAT/SLAP

1-2&3 Step R forward(1), lock L behind R, angling body into left diagonal(2), step R in place(&), step L back, squaring back to 12.00(3)

4-5 Rock R back(4), recover weight onto L(5)

6&7-8 Step R forward(6), pivot 1/4 left, shifting weight onto L(&), cross R over L(7), step L to left, feet shoulder width apart, squatting down and slapping both hands on laps(8) (9.00)

[9-16] HEAD SWINGS AND ROLL, SHOULDER POPS AND CHEST/HIP ROLL

1-2 Swing head to right(1), swing head to left(2)

3-4 Roll head one round clockwise starting from left going forward to the right and then round the back to the left(3-4)

5-6 Pop shoulders right(5) and left(6) as you use the momentum to stand upright

7-8 Roll chest (or hips) one round anti-clockwise starting from left going back to the right and then round the front to the left (weight ends on L) (7-8)

(RESTART HERE on walls 2 and 6)

[17-24] SIDE, BEHIND SIDE CROSS, HALF TURN, FORWARD SHUFFLE, STEP

1-2&3 Step R to right(1), step L behind R(2), Step R to right(&), Cross L over R(3)

4-5 Turning 1/4 left, step R back(4), turning a further 1/4 left, step L to left(5) (3.00)

6&7-8 Shuffle forward R(6) L(&) R(7), Step L forward(8)

[25-32] 1/4 MONTEREY, HITCH KICK POINT, SAILOR TOUCH WITH 1/4 TURN, FORWARD SHUFFLE

1-2&3-4 Point R to right(1), turning 1/4 right, step R beside L(2), Hitch L(&), Kick L forward(3), Point L to left(4) (6.00)

5&6 Step L behind R(5), Turning 1/4 left, step R slightly to right (&), touch L beside R(6) (3.00)

7&8 Step L forward(7), Step R beside L(&) Step L forward(8)

RESTARTS: On walls 2(facing 12.00) and 6(facing 6.00), Restart after 16 counts

TAG 1: (16 counts) - At the end of wall 4(facing 6.00), do counts 25-32 again, then add the following 8 counts:

1-4 Cross R over L(1), click R fingers(2), Cross L over R(3), click R fingers(4)

5-8 REPEAT counts 1-4 above and re-start

TAG 2: (8 counts) - At the end of wall 8(facing 12.00), Repeat counts 25-32 and re-start

TAG 3: (16 counts): At the end of wall 12 (facing 12.00), Repeat counts 25-32 twice changing the final forward shuffle into three small runs forward to hit the word "beautiful"....

ENJOY!