

# These Wings Are Made To Fly

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Grant Stanley (SCO) - July 2012  
音乐: Wings - Little Mix



(Start on lyrics "My Feet")

## WALK R, L, STEP OUT, OUT, STEP IN, IN, LEFT KNEE POP, RIGHT KNEE POP, ROLL HIPS

1-2            Step forward on right, step forward on left  
&3&4        Step left out to left side, step right out to right side, step left in to centre, step right next to left  
5-6           Bend Left knee towards right leg, recover, bend right knee towards left leg, recover  
&7-8        Roll hips anti-clockwise making a full circle

## CHASSE, ROCK, RECOVER, CHASSE, ROCK, RECOVER

1&2        Step right to right side, left together, step right to right side  
3-4        Rock back on left, recover on right  
5&6        Step left to left side, right together, step left to left side  
7-8        Rock back on right, recover on left

## R STEP 1/4, TOUCH L, L STEP 1/4, TOUCH R, JAZZ BOX 1/4 TURN

1-2        Step forward on right making 1/4 left, touch left forward  
3-4        Step forward on left making 1/4 right, touch right forward  
&5-6       Step right forward, cross left over right, step right back  
7-8        Step left to left side making 1/4 left, step right together

## STOMP, STOMP, BUMP, BUMP, PADDLE FULL TURN

1-2        Stomp left foot forward, stomp right foot forward  
3-4        Bump hips to left side, bump hips to right side  
5-6,       Step left making quarter turn left, keeping weight on left make a 1/4 turn left pointing right to right side, make another 1/4 turn left pointing right to right side  
7-8        Make a 1/4 turn left pointing right to right side, touch right foot together.

Have fun and enjoy !

---