

Keep On

拍数: 32 墙数: 4 级数: Intermediate - Funky Country
编舞者: Rob Fowler (ES) - July 2012
音乐: Keep On - Eric Church : (iTunes)



Count in: 24 - (There is a tag at the end of every Even Wall 2-4-6 Very Easy)

Walk Forward Right, Left, Step ½ Pivot Turn, ½ Turn Step Back, Left Coaster Cross, Right Scissor Step, Sweep

1,2 Walk Forward Right, Walk Forward Left
3&4 Step Forward Right, Make ½ Pivot Turn Left, Make ½ Turn Left Stepping Back Right
5&6 Step Back Left, Step Right Next to Left, Cross Left over Right
7&8 Step Right to Right Side, Step Left Next to Right, Cross Right over Left, Sweep Left in Front of Right (12 o'clock)

Step Left Over Right, Step Back Right, & Right Shuffle Forward, Rock Step ¼ Turn Left, Heel Jack

1,2 Cross Left over Right, Step Back Right
&3&4 Step Left to Left Side, Step Right Forward, Step Left Next to Right, Step Right Forward
5&6 Rock Forward on Left, Recover Back on Right, Make ¼ Turn Left Stepping Left to Left Side
7&8& Cross Right over Left, Step Left to Left Side, Touch Right Heel to Right Diagonal, Step Right Next to Left (9 o'clock)

Syncopated Box Step, Full Turn Left, Side Rock, Behind Side Cross

1,2 Cross Left over Right, Step Back Right
&3,4 Step Left to Left Side, Cross Right over Left, Full Turn Left (Weight on Right)
5,6 Rock Left to Left Side, Recover to Right
7&8 Step Left Behind Right, Step Right to Right Side, Cross Left over Right (9 o'clock)

Travelling Switch Steps Right, Half Monterey Turn, Side Mambo

1&2& Touch Right to Right Side, Step on Right, Touch Left Heel Forward, Step Left Next to Right
(Slightly Travel Right)
3&4& Touch Right to Right Side, Step on Right, Touch Left Heel Forward, Step Left Next to Right
(Slightly Travel Right)
5,6 Touch Right to Right Side, Make ½ Monterey Turn Right Stepping Right Next to Left
7&8 Rock Left to Left Side, Recover to Right, Step Left Next to Right (3 o'clock)

START AGAIN

Tag at the End of Every Even Wall 2-4-6

Right Kick & Touch Side, Left Kick & Touch Side, Sailor Full Turn Right, Sailor Full Turn Left

1&2 Kick Right Forward, Step Right Next to Left, Touch Left to Left Side
3&4 Kick Left Forward, Step Left Next to Right, Touch Right to Right Side
5&6 Make a Full Turn Sailor Step Right Stepping Right, Left, Right (easy option ½ turn sailor Right)
7&8 Make a Full Turn Sailor Step Left Stepping Left, Right, Left (easy option ½ turn sailor Left)

Finish for End of Dance

You will finish tag on back wall facing 6 o'clock.

Make a Sailor ½ Turn Right & Brush Left Shoulder With Right Hand Twice on Last 2 Beats !