

# Keep My Distance

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Greg Markish (USA) - July 2012  
音乐: Distance (feat. Jason Mraz) - Christina Perri



**Note: Start wall one 20 seconds into the track, and take your time since the music is slow (75bpm).**

## [1-8] 2 Sways, Sway-Behind-Quarter, Step, Touch, Walk Back

- 1-2            Step right to right side with a hip sway right, Hip sway left taking weight onto left
- 3-4&        Hip sway R taking weight onto R, Step left behind right, Turn  $\frac{1}{4}$  right while stepping right forward (3:00)
- 5-6            Step left forward, Touch right toe beside left
- 7-8            Walk back right, left

## [9-16] Rock-Recover-Quarter Hitch, Right Nightclub Basic, Quarter-Half-Half-Quarter Lunge

- 1-2&        Rock right back, Recover left, Turn  $\frac{1}{4}$  left with a gentle right knee hitch (12:00)
- 3-4&        Step right to right side, step left behind right, step/replace right across left (nightclub basic)
- 5-6-7-8     Turn  $\frac{1}{4}$  left stepping left forward, Turn  $\frac{1}{2}$  left stepping back onto right, Turn  $\frac{1}{2}$  left stepping forward left, Turn  $\frac{1}{4}$  left into right lunge (6:00)

## [17-24] Left Nightclub Basic, Side-Quarter-Heel Lift, Walk $\frac{3}{4}$ Arc

- 1-2&        Large step left to left side, step right behind left, step/replace left across right (nightclub basic)
- 3-4&        Step right to right side, Turn  $\frac{1}{4}$  left bringing left to right, Lift right heel preparing to step (3:00)
- 5-6-7-8     Step right forward, Turn  $\frac{1}{4}$  left stepping left forward, Turn  $\frac{1}{4}$  left stepping right forward, Turn  $\frac{1}{4}$  left stepping left forward (Walk  $\frac{3}{4}$  Arc) (6:00)

## [24-32] 3 Diagonal Drag-Hitches, Cross-Spiral-Hitch

- 1-2&        Step right to right diagonal, Drag left to right taking no weight, Gentle left knee hitch
- 3-4&        Step left to left diagonal, Drag right to left taking no weight, Gentle right knee hitch
- 5-6&        Step right to right diagonal, Drag left to right taking no weight, Gentle left knee hitch across right
- 7-8&        Step down left across right, Full spiral turn right keeping weight left, Gentle right knee hitch

**Restart – On wall three restart after 8-counts by making a  $\frac{1}{4}$ -turn right into count 1 to face 6:00.**