

Island Dance

拍数: 48 墙数: 2 级数: Beginner
编舞者: Mick Harris (UK) - July 2012
音乐: Island Song - Zac Brown Band : (Album: Uncaged)



Start: 32 beats in (on vocals).

R Vine With Touch, L Vine With Touch.

1-4 step R to R side, step L behind R, step R to R side, touch L beside R.
5-8 step L to L side, step R behind L, step L to L side, touch R beside L.

Hip Swings X 4, Shuffle, Hip Swings X 2.

1-4 step slightly fwd on R and with body facing 10.00 swing hips R.L.R.L.
5&6 step fwd on R, step L next to R, step fwd on R.
7-8 step slightly fwd on L and with body facing 2.00 swing hips L.R.

Hip Swings X 2, Shuffle, Rock & Cross.

1-2 swing hips L.R.
3&4 step fwd on L, step R next to L, step fwd on L.
5-8 rock R out to R side, recover on L, cross R over L, hold.

Rock And Cross, Side , Close, Side.

1-4 rock L out to L side, recover on R, cross L over R, hold.
5-8 step R to R side, step L next to R, step R to R side, hold.

Side Close Side ¼ Turn L, Mambo Step, Sailor ¼ Turn.

1-4 step L to L side, step R next to L, step L to L side turning ¼ L, hold.
5&6 step fwd rocking on to R, recover on L, step back on R.
7&8& step L behind R, step R slightly to R side turning ¼ L, step L in place, brush fwd on R

Step, Lock, Step X2, Step Pivot Step X2.

1&2& step fwd on R, step L fwd locking behind R, step fwd on R, brush fwd on L.
3&4 step fwd on L, step R fwd locking behind L, step fwd on L.
5&6 step fwd on R, pivot turn ½ L, step fwd on R.
7&8 step fwd on L, pivot turn ½ R, step fwd on L.

Start again

Ending: music will finish on step 28 (L rock and cross), add the following steps.

1-3 unwind ½ turn R, step fwd on L.

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