

Vitorino Con Macarena

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Roly Ansano (USA) - July 2012
音乐: Vitorino (feat. Los Del Rio) - King Africa : (Album: Happy Latina Collection)



Alternate music: Macarena by Los Del Rio f. Jon Secada, Album: Fiesta Quinceanera Macarena

Intro: 34 counts after the first "haciendo"

Sec 1-8: SIDE-TOUCH, SIDE-TOUCH, FORWARD STEPS, FORWARD SHUFFLE

1-2 Step L to side, touch R behind L
3-4 Step R to side, touch L behind R
5-6 Step L forward, step R forward
7&8 Shuffle forward L,R,L

Sec 9-16: SIDE, KICK-BALL-STEP, STEP-TURN, FORWARD SHUFFLE, STEP

1 Step R to side
2&3 Kick L forward, step ball of L together, step R forward
4-5 Step L forward, pivot 1/2 right
6&7 Shuffle forward L,R,L
8 Step R forward

Sec 17-32: DO THE MACARENA

1 Pivot 1/4 left (weight to L) & extend right arm forward, palm down
2 Shift weight to R & extend left arm forward, palm down
For steps 3-12, shift weight alternately L to R with the following arm styling.
3-4 Turn right palm up, mirror with left
5-6 Fold right arm over left arm, mirror with left
7-8 Touch right nape with right hand, mirror with left
9-10 Wrap right arm across waist, mirror with left
11-12 Touch right hip with right hand, mirror with left
13-14 Sway left, sway right
15-16 Sway left, turn 1/4 right & step R to side

Sec 33-40: SIDE-CLOSE, FORWARD SHUFFLE, SIDE-CLOSE, TRIPLE

1-2 Step L to side, step R together
3&4 Shuffle forward L,R,L
5-6 Step R to side, step L together
7&8 Triple in place R,L,R

Sec 41-48: SIDE-CLOSE, TRIPLE, BACK-CLOSE, TRIPLE

1-2 Step L to side, step R together
3&4 Triple in place L,R,L
5-6 Step R back, step L together
7&8 Triple in place R,L,R

REPEAT

TAG: At end of Wall 5

1-2 Sway left, sway right

ENDING: On Wall 8 dance to count 15 then stomp R together

