

Hawaiian Sunrise

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Henry Costa (USA) - July 2012
音乐: Daybreak Over the Ocean - The Beach Boys : (CD: That's Why God Made The Radio)



Start: 22 counts into music (at vocals when Mike Love Says, Daybreak Over The Ocean...after pause: (which Says Bring back my baby [before the pause].) (Then count 6 cts [during pause] 3,4, 5,6,7,8 or Start on Daybreak)

SIDE RIGHT, TOGETHER, SIDE RIGHT, TOGETHER, RIGHT CHASSE (SIDE SHUFFLE), CROSS, RECOVER

1-4 Step side Right, Step left next to Right, Step side Right, Step left next to Right (arms optional: styling for arms and hips:[Ka'o]Sway hips by shifting weight to the Right side and lift Left heel with arms out to right side using [Ocean Hand Movement] hands gently beat up and down showing the rhythm of the waves.)
5&6 Step Right to Right side, step Left next to Right, step Right to Right side
7-8 Cross Left over Right, recover weight back on Right

SIDE LEFT, TOGETHER, SIDE LEFT, TOGETHER, LEFT CHASSE (SIDE SHUFFLE), CROSS, RECOVER

1-4 Step side Left, Step Right next to Left, Step side Left, Step Right next to Left (arms optional: styling for arms and hips:[Ka'o]Sway hips by shifting weight to the Left side and lift Right heel with arms out to Left side using [Ocean Hand Movement] hands gently beat up and down showing the rhythm of the waves.)
5&6 Step Left to Left side, step Right next to Left, step Left to Left side
7-8 Cross Right over Left, recover weight back on Left

45 ANGLE RIGHT FORWARD TOGETHER, 45 ANGLE RIGHT FORWARD, TOUCH, 45 ANGLE LEFT FORWARD TOGETHER, 45 ANGLE LEFT FORWARD, TOUCH,

1-4 Step forward right 45 degree angle, step left next to right, Step forward right 45 degree angle; touch left toe next to Right.(arms optional: styling for arms and hips:[Ka'o]Sway hips by shifting weight to the Right side and lift Left heel with arms out to right side using [Ocean Hand Movement] hands gently beat up and down showing the rhythm of the waves.)
5-8 Step forward Left 45 degree angle step Right next to Left, Step forward Left 45 degree angle; touch Right toe next to Left.(arms optional: styling for arms and hips:[Ka'o]Sway hips by shifting weight to the Left side and lift Right heel with arms out to Left side using [Ocean Hand Movement] hands gently beat up and down showing the rhythm of the waves.)

CROSS RIGHT, RECOVER, STEP, CROSS LEFT, RECOVER, ½ TURN SIDE LEFT SHUFFLE, FORWARD RIGHT, FORWARD LEFT

1-2 & Cross Right, recover weight back on Left, step side Right
3-4 Cross Left, recover weight back on Right
5&6 (1/2 turn left – side Left Shuffle) Step side Left, Step Right next to Left, Step side Left
7-8 Step forward Right, Step forward Left

BEGIN AGAIN

4 CT. TAG: (END OF WALL 4 - BEFORE BEGINNING OF WALL 5 [12:00 wall]; END OF WALL 7 - BEFORE BEGINNING OF WALL 8 [6:00 wall]; OPTIONAL END OF DANCE [6:00 wall])

SWAY HIPS IN PLACE (RIGHT, LEFT, RIGHT, LEFT)

1-4 Sway hips in place Right, Left, Right, Left [Weight ends on Left] (on optional ending 1 extra count arms: crossed like an x, palms up, then Uncross moving hands out to each side – Right hand to right side, left hand to left side)

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