

Break Some Promises

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Greywolf (NL) & Wiya Wambli (NL) - July 2012
音乐: I'm Gonna Break Some Promises Tonight - Dallas Wayne



ROCK-STEP-JUMP ¼ TURN L – JUMP ¼ TURN L, SHUFFLE FORWARD

1& LF rock forward & weight back on RF
2& Jump on RF ¼ turn left (hitch L-knee) & Jump on RF ¼ turn left (hitch L-knee) (6)
3&4 LF step forward & RF step next to LF & LF step forward

ROCK-STEP-JUMP ¼ TURN R – JUMP ¼ TURN R, SHUFFLE FORWARD

5& RF rock forward & weight back on LF
6& Jump on LF ¼ turn right (hitch R-knee) & Jump on LF ¼ turn right (hitch R-knee) (12)
7&8 RF step forward & LF step next to RF & RF step forward

MAMBO STEP FORWARD, MAMBO STEP BACK

9&10 LF step forward & weight back on RF & LF step next to RF
11&12 RF step back & weight back on LF & RF step next to LF

SIDE-ROCK-CROSS, SIDE-ROCK-CROSS

13&14 LF rock left & weight back on RF & LF step across RF
15&16 RF rock right & weight back on LF & RF step across LF

ROCK FORWARD, SIDE ROCK, ROCK BACK, STOMP

17& LF rock forward & weight back on RF
18& LF rock left & weight back on RF
19& LF rock back & weight back on RF
20 LF stomp next to RF

ROCK FORWARD, SIDE ROCK, ROCK BACK, STOMP

21& RF rock forward & weight back on LF
22& RF rock right & weight back on LF
23& RF rock back & weight back on LF
24 RF stomp next to LF

ROCK-STEP-STOMP ½ TURN L, ROCK-STEP-STOMP ¼ TURN R

25&26 LF rock forward & weight back on RF & ½ turn left on RF and LF stomp forward (6)
27&28 RF rock forward & weight back on LF & ¼ turn right and RF stomp (9)

ROCK-STEP-STOMP ½ TURN L, ROCK-STEP-STOMP

29&30 LF rock forward & weight back on RF & ½ turn left on RF and LF stomp forward (3)
31&32 RF rock forward & weight back on LF & RF stomp next to LF

START OVER
