

Chi Balla Mixer (Dancers' Mixer) (P)

COPPER **NOB**
BY STEPHEN BRETZ

拍数: 32 墙数: 0 级数: Beginner Couple Mixer
编舞者: Ira Weisburd (USA) - August 2012
音乐: Chi Balla - Orchestra Mario Riccardi : (Italy)



Pronounced: KEE BAH LAH

The steps are nearly identical to the steps of the Line Dance version of the same dance by Ira Weisburd. This is a mixer, change partner dance or "icebreaker". Fun to do at Parties or Socials.

Dance starts approximately 17 seconds into song.

(COUPLES STAND FACE TO FACE AND JOIN HANDS IN FRONT; Men on inner circle facing out of center, Women on outer circle facing center); Men—L foot; Women— R foot. Footwork described for Men; Women use opposite footwork)

PART I. (TOUCH L HEEL TO L, TOUCH L TOE BESIDE R, TRIPLE STEP TO L; STEP R ACROSS L, RECOVER BACK ON L, TRIPLE STEP TO R)

1-2 (Face to Face and join hands) Touch L heel to L, Touch L toe beside R
3&4 Step L to L, Step-close R to L, Step L to L (Release leading arms ie. Men's L; Women's R)
5-6 Step R across L, Recover back on L
7&8 (Join leading arms again and Men release R, Women release L) Step R to R, Step-close L to R, Step R to R

PART II. (L CROSS ROCK, RECOVER; TRIPLE STEP TO L MAKING 1/4 TURN L TO FACE CCW; STEP R FORWARD, RECOVER BACK ON L, R COASTER STEP)

1-2 Step L across R, Recover back on R (Change hands ie. Men's R, Women's L joined) -
3&4 Step L to L, Step-close R to L, Step L to L (making 1/4 turn L) Face CCW (Counterclockwise)
5-6 Step R forward, Recover back on L
7&8 Step R back, Step-close L to R, Step R forward

PART III. (SWAY L TO L, SWAY R TO R, STEP L ACROSS R, STEP R TO R, STEP L ACROSS R (Changing places and hands with partner by crossing behind her);

SWAY R TO R, SWAY L TO L, STEP R ACROSS L, STEP L TO L, STEP R ACROSS L (Changing hands again and back to original places by crossing behind partner).

1-2 Step L to L, Step R to R
3&4 Step L across R, Step R to R, Step L across R (Changing hands and place; crossing behind woman)
5-6 Step R to R, Step L to L
7&8 Step R across L, Step L to L, Step R across L (Changing hands and going back to original places by crossing behind partner)

PART IV. (SWAY L TO L, SWAY R TO R, STEP L ACROSS R & SLAP L PALM TO PARTNER'S R PALM, RECOVER BACK ON R, TURN WOMAN IN 4 STEPS OVER HER R SHOULDER TO THE NEXT MAN BEHIND HER ON THE CIRCLE)

1-2 Step L to L, Step R to R
3-4 Step L across R & Slap L palm to partner's R palm, Recover back on R
5-6 Step in place L, R (While assisting woman to roll back on the circle over her right shoulder in 2 Steps)
7-8 Turn 1/4 to R to face out of circle in 2 steps (L,R) and join both hands with your new partner.

BEGIN DANCE.

Contact - Email: dancewithira@comcast.net
