Feelin' Single

拍数: 32

级数: Improver / Intermediate

编舞者: Gary Stubbs (UK) - July 2012

音乐: Feelin' Single - R. Kelly

WALK, WALK, ROCK AND CROSS, SIDE ROCK, CROSS SHUFFLE.

- 1-2 Walk forward right, walk forward left.
- &3-4 Make a ¼ turn L rocking R to R side, Recover onto L, cross R over L.
- 5-6 Rock L to L, Recover to R.
- Cross L over R , Step R to R side , Cross L over R. 7&8

LARGE STEP R WITH DRAG, BALL CROSS SIDE, BEHIND SIDE CROSS, 3X HIP BUMPS.

- 1-2 Step R a big step to R side, drag L to R.
- &3-4 Step L a small step back ,cross R slightly over L, step L to L side.
- 5&6 Cross R behind L, step L to L side , Cross R over L.
- 7-8-1 Step L to I side bumping hips to L, Bump hips to R, Bump Hips to L weight ending on L.

HOLD, SLIDE AND WALK WALK, STEP TURN STEP, ½ AND ¼.

- 2&3-4 Hold for one count and start to slide R up to L, Step R next to L, Walk forward L, R.
- 5&6 Step L forward, Pivot 1/2 turn R , Step forward L.
- 7-8 Make a ¹/₂ turn L stepping back on the R , Make a ¹/₄ turn L stepping L to L side.

R SAILOR , L ¼ SAILOR , FULL TURN PADDLE STEP.

- Cross R behind L, Step L to L side, Step R to Side. 1&2
- 3&4 Cross L behind R making a 1/4 turn L, Step R in place, Step L slightly forward.
- 5-6 Touch R to side making a ¼ turn L ,Touch R to side making a ¼ turn L.
- 7-8 Touch R to side making a 1/4 turn L ,Touch R to side making a 1/4 turn L.

Restart 4th and 9th Wall: Dance up to counts 13&14 and replace the hip bumps with a Side step to L and Touch R next to L.

Hope You Enjoy , Happy Dancing =D .





墙数:4