

Sweet Nothin's

拍数: 48 墙数: 4 级数: Intermediate - WCS
编舞者: Maryloo (FR) - June 2012
音乐: Sweet Nothin's - Brenda Lee : (Album: Country Masters: Sweet Nothin's)



WALKS (R.L.) , R. BALL/CLOSE, CROSS, L.BALL/CLOSE, CROSS, SIDE, SAILOR ½ TURN L.

- 1-2 Step right forward, step left forward
- &3-4 Step ball of right to right side, step left together (angling body to 10.30), cross right over left
- &5-6 Step ball of left to left side, step right together (angling body to 1.30) cross left over right
- 7 Step right to side (12.00)
- 8&1 Step left behind right, make a ½ turn to left stepping right next to left, step left slightly forward (6.00)

WALKS (R.L.R), TOGETHER, FUNKY BUMP HIPS

- 2-3 Step right forward, step left forward
- &4 Step right forward, step left together
- 5&6 Bump hips right up to right side, bend knees slightly & bump hips down to right side
- &7& Straighten knees, bump hips up to right side, bend knees slightly
- 8& Bump hips down to right side, straighten knees

ROCK FORWARD, RECOVER, SHUFFLE FORWARD (ON DIAGONALY R. AND DIAGONALY L.)

- 1-2 Rock right diagonally forward (7.30), recover weight onto left
- 3&4 Step right diagonally forward, step left together, step right forward
- 5-6 Rock left diagonally forward (4.30), recover weight onto right,
- 7&8 Step left diagonally forward , step right together, step left forward

CROSS, RECOVER, SAILOR ¼ TURN R. , ROCK FORWARD, JUMP ON L. DIAGONALY BACK, TAP, JUMP ON R. DIAGONALY BACK, TAP

- 1-2 Cross/rock right over left, recover weight onto left
- 3&4 Step right behind left, make a ¼ turn right stepping left next to right, step right slightly forward (9.00)
- 5-6 Rock left forward, recover weight onto right
- &7 Jump back stepping left out, touch right together
- &8 Jump back stepping right out, touch left together

ROCK BACK, SHUFFLE FORWARD, TOUCH , ½ TURN TO L. & FLICK, SHUFFLE FORWARD

- 1-2 Step left back, recover on right
- 3&4 Step left forward, step right together, step left forward
- 5-6 Touch right toe forward, make ½ turn left with right kick back (3.00)
- 7&8 Step right forward, step left together, step right forward

STEPS, SCUFFS (L.R.), BALL /STEP , ½ TURN TO L. WITH BOUNCES

- 1-2 Step left forward, right scuff
- 3-4 Step right forward, left scuff
- &5 Switch left ball next to right, step right forward
- 6-8 Bounce heels 3 counts making a ½ turn left (weight ends on left foot) (9.00)

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