

Blown Away

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Chris Watson (AUS) - June 2012
音乐: Blown Away - Carrie Underwood : (iTunes)



V Step, V Step Quarter Turn

- 1,2,3,4 Step R foot forward to R Diagonal, Step L foot forward to L Diagonal, step R back to centre , Step L back to centre.
5,6,7,8 Making a ¼ Turn R (3 O'Clock) Step R foot forward to R Diagonal, Step L foot forward to L Diagonal, step R back to centre , Step L back to centre.

Side Shuffle, rock, ¼ Kick, Rock Replace

- 1&2,3,4 Step R to R, Bring L together with R and step r to R, Rock back onto L and forward onto R
5,6,7,8 ¼ Turn L then Step back onto L and kick R foot forward, Rock back onto R and forward onto L

½ Turn, Kick, Back Kick, Rock Replace, Forward Shuffle

- 1,2,3,4 ½ turn L, then step back onto R and kick L foot forward, step back onto L and Kick L foot forward
5,6,7&8 Rock back onto R, forward onto L, Step R foot forward, step L together with R and step R foot forward.

¼ Pivot, Cross Shuffle, Side Hold 7 Side Together

- 1,2,3&4 Step L foot forward making a ¼ turn R taking weight onto R foot, cross L over R, Step R to R side and step L over R
5,6,&7,8 Step R to R Side & Hold, Bring L together with R and step R to R, Clap hands together once, Step R to R Side & Hold, touch L together with R , Double clap.

Side, Behind, ¼ , ½ , step, Rock replace

- 1,2,3,4 Step L to L side, Step R behind L, 1/4 turn L stepping forward onto L, Step forward onto R
5,6,7,8 pivot ½ turn via L, taking weight forward onto L, step forward R, rock forward onto L, rock back onto R

Rock back replace, forward Replace, Coaster Step, Walk , Walk **

- 1,2,3,4 Rock back onto L, forward onto R, rock forward onto L, back onto R
5&6,7,8 Step L foot back, Step R foot back together with L and Step forward onto L, Walk forward R,L**

Side, behind, rock replace, behind, side , cross, side

- 1,2,3,4 Step R to R Side, Step L behind R, Rock R to R side and back to Centre
5,6,7,8 Step R behind L, L to L Side, Cross R over L, step L to L Side.

Rock replace, Kick Ball cross X 2, ¾ turn stepping R, L

- 1,2,3&4 Rock back onto R and forward onto L, Kick R foot forward at R diagonal, Step R in place and cross L over R.
5&6,7,8 Kick R foot forward at R diagonal, Step R in place and cross L over R, ¼ Turn L stepping back onto R, ½ Turn L stepping forward onto L.

[64] Counts Restart Dance New Direction (9 O Clock Wall from where you started)

Restarts: Wall 3 & 6

Dance to Count 48 ** and Restart dance facing the front wall.

Contact Chris Watson - 0404170276 - <http://www.dare2dance.org/> - www.mayworth.com.au

