

Baby Rocker AB

COPPERKNOB
BY STEPHEN METZ

拍数: 24 墙数: 4 级数: Absolute Beginner
编舞者: Shanthie De Mel (AUS) - May 2012
音乐: Rock Around the Clock - Bill Haley & The Comets



Begin: 32 count Intro. Start on vocals at " clock strikes " Left Rotation. No Tags or Restarts.

(1-8) TRI-ROCKER RIGHT. STOMP. CLAP.

1, 2 Rock R forward. Recover L.
3, 4 Rock R to right side. Recover L.
5, 6 Rock R back. Recover L
7, 8 Stomp R together. Clap. (12:00)

(9-16) TRI-ROCKER LEFT. STOMP. CLAP.

1, 2 Rock L forward. Recover R.
3, 4 Rock L to left side. Recover R.
5, 6 Rock L back. Recover R.
7, 8 Stomp L together. Clap. (12:00)

(17-24) TOE- STRUTS BACK x3. 1/4 LEFT TURN. HOLD.

1, 2 Step R toe back. Step R heel down.
3, 4 Step L toe back. Step L heel down.
5, 6 Step R toe back. Step R heel down.
7, 8 Turning 1/4 left step L to left. Hold. (9:00)

Smile & have fun!

Last Update: 2 Jul 2024
