

Mambo Moves

拍数: 32 墙数: 4 级数: Improver
编舞者: Larry Bass (USA) - June 2012
音乐: Alabao - Enrique Iglesias



Alt. Music: "Your Love Is Lifting Me (Higher And Higher)" by Jackie Wilson

MAMBO FORWARD, MAMBO BACK; MAMBO RIGHT, MAMBO LEFT

1&2 Step Right forward, Rock back onto Left, Step Right beside Left
3&4 Step Left back, Rock forward onto Right, Step Left beside Right
5&6 Step Right to right, Rock left onto Left, Step Right beside Left
7&8 Step To left side, Rock right onto Right, Step Left beside Right

STEP, ½ PIVOT, STEP, LOCK, STEP FORWARD; LOCK, STEP FORWARD, STEP, ½ PIVOT, STEP 9&10 Step Right forward, Pivot ½ turn left onto Left, Step Right forward

11&12 Step Left forward, Lock Right behind Left, Step Left forward
13&14 Step Right forward, Lock Left behind Right, Step Left forward
15&16 Step Left forward, Pivot ½ turn right onto Right, Step Left forward

MAMBO CROSS, MAMBO CROSS; MAMBO CROSS & CROSS & CROSS

17&18 Step Right to right side, Rock left onto Left, Step Right across Left
19&20 Step Left to left side, Rock right onto Right, Step Left across Right
21&22 Step Right to right side, Rock left onto Left, Step Right across Left
&23 Step Left to left side, Step Right across Left
&24 Step Left to left side, Step Right across Left

MAMBO CROSS, MAMBO CROSS; MAMBO CROSS & BEHIND TURN STEP

25&26 Step Left to left side, Rock right onto Right, Step Left across Right
27&28 Step Right to right side, Rock left onto left, step Right across Left
29&30 Step Left to left side, Rock right onto Right, Step Left across Right
&31 Step Right to right side, Step Left behind Right
&32 Turn ¼ turn right & step Right forward, Step Left forward

START OVER

Inquiries: (Larry Bass PH: 904-737-2144); E-mail: lbass6622@att.net
6405 Starling Ave. Jacksonville, Fl. 32216