

500 Miles Away From Home

COPPERKNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Beginner / Improver
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音乐: 500 Miles - BlackJack : (CD: En Gång Till)



16 count intro.

Sec 1: WALK FORWARD RIGHT, LEFT, RIGHT & LEFT DOROTHY STEPS, PIVOT 1/2.

1-2 Walk forward right, left.
3-4& Step diagonally forward right, lock left behind right, step right beside left.
5-6& Step diagonally forward left, lock right behind left, step left beside right.
7-8 Step forward on right, pivot ½ turn left.

Sec 2: SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ TURN.

1-2 Rock to right side on right, recover onto left.
3&4 Cross right behind left, step left to left side, cross right over left.
5-6 Rock to left side on left, recover onto right.
7&8 Cross left behind right, step right 1/4 turn right, step left in place. (9.00)

Sec 3: SIDE ROCK, CROSS SHUFFLE LEFT, SIDE ROCK, CROSS SHUFFLE RIGHT.

1-2 Rock to right side on right, recover onto left.
3&4 Cross right over left, step left to left side, cross right over left.
5-6 Rock to left side on left, recover onto right.
7&8 Cross left over right, step right to right side, cross left over right.

Sec 4: 1/4 TURN x 2, SHUFFLE, FORWARD ROCK, SHUFFLE ½ TURN

1-2 Turn ¼ left stepping back on right, turn ¼ left stepping forward on left. (3.00).
3&4 Shuffle forward, stepping R.L.R.
5-6 Rock forward on left, recover onto right.
7&8 Shuffle back ½ turn left, stepping L.R.L. (9.00)

Begin again.
