

In the Navy

拍数: 64 墙数: 4 级数: Easy Intermediate
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音乐: In the Navy - Village People : (Album: Go West)



Right Sailor Step, Left Sailor Step, Right Diagonal Shuffle, Left Diagonal Shuffle

1&2 Step Right Foot behind left foot, step left to left side, step right foot to right side
3&4 Step Left foot behind right foot, step right to right side, step left foot to left side
5&6 Shuffle to right diagonal corner – Right, Left, Right (Rolling arms as optional!)
7&8 Shuffle to left diagonal corner – Left, Right, Left (Rolling arms as optional!)

WALL 6 - RESTART COMES HERE AFTER THE 1st 8 COUNTS

Point Forward, Point Right, Sailor ¼ Turn, Point Left Forward, Point Left to Left side, Sailor ½ Turn

1-2 Point Right Foot Forward, Point Right foot to Right Side
3&4 Step Right behind Left, step left to left side making ¼ turn right to 3 o/c, step right to right side
5-6 Point Left Foot Forward, Point Left foot to Left Side
7&8 Step Left behind right, step right to right side making ½ turn left to 9 o/c, step left to left side

Right Mambo, Left Mambo, Rock Recover, ½ Turn Shuffle

1&2 Step forward on Right, step onto left, step right back
3&4 Step Back on left, step onto right, step left forward
5-6 Rock forward onto Right, recover onto left
7&8 Half turn shuffle right, left, right to 3 o/c

Left Mambo, Right Mambo, Rock Recover, ½ Turn Shuffle

1&2 Step forward on Left, step onto Right, step left back
3&4 Step back on right, step onto left, step right forward
5-6 Rock forward onto left, recover onto Right
7&8 Half Turn shuffle, left, right, left to 9 o/c

Syncopated Weave, Kick Ball Step, Kick Ball Step

1-2&3-4 Step Right to Right side, step left behind right, step right to right side, cross left over right, step right to right side
5&6 Kick left, step on left ball, step down on right
7&8 Kick left, step on left ball, step down on right

Sailor ¼ Turn, Right Shuffle, Full Turn, Rock Recover Cross

1&2 Step left behind right, making a ¼ turn to 6 o/c step on the right, step left to left side
3&4 Shuffle forward (6 o/c) Right, Left, Right
5-6 step on left half a turn to 12 o/c , step on right making half a turn back to 6 o/c
7&8 Rock left to left side, step onto right, cross left over right

Step Forward, Half Turn, Coaster Step, Left Shuffle, Skate, Skate

1-2 Step forward (6 o/c) to right foot, step onto left making half a turn to 12 o/c
3&4 Step back on right, step onto left, step forward on right
5&6 Shuffle forward (12 o/c) Left, Right, Left
7-8 Skate forward Right, Skate forward Left

Mambo Forward, Mambo Back, ¼ Turning Jazz Box

1&2 Step forward on the Right, step onto left, step back on right
3&4 Step back on the left, step onto right, step forward on left
5-6-7-8 Cross right over left, step back on the left making a ¼ turn to 3 o/c, step right to right side, step left to left side (Weight onto left)

2 TAGS:-

1st TAG = End of WALL 2 - 16 Counts

Step Forward, Clap, Clap, Step Side, Clap, Clap, Step Back Clap Clap, Step together Clap Clap

- 1&2 Step Forward on Right (1) - Clap Clap for 2 counts (&2)
- 3&4 Step Left (3) – Clap Clap for 2 counts (&4)
- 5&6 Step Back on Right (5) – Clap Clap for 2 Counts (&6)
- 7&8 Step left back to meet Right (7) – Clap Clap for 2 counts (&8)

Rock , Recover, Behind, Side Cross – Rock Recover, Behind, Side , Step

- 1-2 Rock Right to Right Side, recover onto left
- 3&4 Step Right behind left, step left to left side, cross step right over left
- 5-6 Rock Left to Left Side, recover onto right
- 7&8 Step left behind right, step right to right side, step left to right, taking weight onto left

2nd TAG = End of WALL 4 - 24 Counts

REPEAT THE 16 COUNT TAG AS ABOVE THAT CAME AFTER WALL 2

And Add the next 8 counts after those 16 :

Toe, Heel, Shuffle Forward, Toe, Heel, Shuffle Back

- 1-2 Step onto Right Toes, Step onto Right Heel
- 3&4 Shuffle Forward Right, Left, Right
- 5-6 Step onto left Toes, step onto left heel
- 7&6 Shuffle Back Left, Right, Left

RESTART on Wall 6 – After the 1st 8 Counts

That's it – End of Dance!
