In the Navy

拍数: 64

级数: Easy Intermediate

编舞者: Julie Lockton (ES) - July 2012

音乐: In the Navy - Village People : (Album: Go West)

	Oten Left Oniten Oten, Diskt Disservel Okuffle, Left Disservel Okuffle
1&2	Step, Left Sailor Step, Right Diagonal Shuffle, Left Diagonal Shuffle
3&4	Step Right Foot behind left foot, step left to left side, step right foot to right side Step Left foot behind right foot, step right to right side, step left foot to left side
5&6	Shuffle to right diagonal corner – Right, Left, Right (Rolling arms as optional!)
5&0 7&8	
	Shuffle to left diagonal corner – Left, Right, Left (Rolling arms as optional!) ESTART COMES HERE AFTER THE 1st 8 COUNTS
	ESTART COMES HERE AFTER THE ISLO COUNTS
	rd, Point Right, Sailor 1/4 Turn, Point Left Forward, Point Left to Left side, Sailor 1/2 Turn
1-2	Point Right Foot Forward, Point Right foot to Right Side
3&4	Step Right behind Left, step left to left side making 1/4 turn right to 3 o/c, step right to right side
5-6	Point Left Foot Forward, Point Left foot to Left Side
7&8	Step Left behind right, step right to right side making ½ turn left to 9 o/c, step left to left side
Right Mambe	o, Left Mambo, Rock Recover, ½ Turn Shuffle
1&2	Step forward on Right, step onto left, step right back
3&4	Step Back on left, step onto right, step left forward
5-6	Rock forward onto Right, recover onto left
7&8	Half turn shuffle right, left, right to 3 o/c
l eft Mambo	Right Mambo, Rock Recover, ½ Turn Shuffle
1&2	Step forward on Left, step onto Right, step left back
3&4	Step back on right, step onto left, step right forward
5-6	Rock forward onto left, recover onto Right
7&8	Half Turn shuffle, left, right, left to 9 o/c
Syncopoted	Weave, Kick Ball Step, Kick Ball Step
1-2&3-4	Step Right to Right side, step left behind right, step right to right side, cross left over right,
1-200-4	step right to right side
5&6	Kick left, step on left ball, step down on right
7&8	Kick left, step on left ball, step down on right
Sailor ¼ Tur	n, Right Shuffle, Full Turn, Rock Recover Cross
1&2	Step left behind right, making a ¼ turn to 6 o/c step on the right, step left to left side
3&4	Shuffle forward (6 o/c) Right, Left, Right
5-6	step on left half a turn to 12 o/c , step on right making half a turn back to 6 o/c
7&8	Rock left to left side, step onto right, cross left over right
Step Forwar	d, Half Turn, Coaster Step, Left Shuffle, Skate, Skate
1-2	Step forward (6 o/c) to right foot, step onto left making half a turn to 12 o/c
3&4	Step back on right, step onto left, step forward on right
5&6	Shuffle forward (12 o/c) Left, Right, Left
7-8	Skate forward Right, Skate forward Left
Manaha Erra	ward Marsha Daale 1/ Turning Jam Dave

Mambo Forward, Mambo Back, ¼ Turning Jazz Box

- 1&2 Step forward on the Right, step onto left, step back on right
- 3&4 Step back on the left, step onto right, step forward on left
- 5-6-7-8 Cross right over left, step back on the left making a 1/4 turn to 3 o/c, step right to right side, step left to left side (Weight onto left)





墙数:4

2 TAGS:-

1st TAG = End of WALL 2 - 16 Counts

Step Forward, Clap, Clap, Step Side, Clap, Clap, Step Back Clap Clap, Step together Clap Clap

- 1&2 Step Forward on Right (1) Clap Clap for 2 counts (&2)
- 3&4 Step Left (3) Clap Clap for 2 counts (&4)
- 5&6 Step Back on Right (5) Clap Clap for 2 Counts (&6)
- 7&8 Step left back to meet Right (7) Clap Clap for 2 counts (&8)

Rock , Recover, Behind, Side Cross – Rock Recover, Behind, Side , Step

- 1-2 Rock Right to Right Side, recover onto left
- 3&4 Step Right behind left, step left to left side, cross step right over left
- 5-6 Rock Left to Left Side, recover onto right
- 7&8 Step left behind right, step right to right side, step left to right, taking weight onto left

2nd TAG = End of WALL 4 - 24 Counts

REPEAT THE 16 COUNT TAG AS ABOVE THAT CAME AFTER WALL 2

And Add the next 8 counts after those 16 :

Toe, Heel, Shuffle Forward, Toe, Heel, Shuffle Back

- 1-2 Step onto Right Toes, Step onto Right Heel
- 3&4 Shuffle Forward Right, Left, Right
- 5-6 Step onto left Toes, step onto left heel
- 7&6 Shuffle Back Left, Right, Left

RESTART on Wall 6 - After the 1st 8 Counts

That's it - End of Dance!