

Ticks

拍数: 32 墙数: 4 级数: Beginner
编舞者: Margaret Morrison (USA) - July 2012
音乐: Ticks - Brad Paisley



Start Dancing on Lyrics

HEEL GRIND, COASTER STEP, HEEL GRIND, COASTER STEP

1-2 Place right heel forward and place weight on heel and twist slight, shifting weight back to left
3&4 Step back on right, step left next to right, step forward on right
5-6 Place left heel forward and place weight on heel and twist slight, shifting weight back to right
7&8 Step back on left, step right next to left, step forward on left

STEP FORWARD, KICK, BACK TOUCH, STEP FORWARD, KICK, BACK TOUCH

1-2 Step forward on right, kick left foot forward
3-4 Step left foot next to right, touch right toe back
5-6 Step forward on right, kick left foot forward
7-8 Step left foot next to right, touch right toe back

STEP SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1-2 Step right to right side, step left next to right
3&4 Step right to right side, step left next to right, step right to right side
5-6 Cross left foot in front of right, recover weight to right
7&8 Step left to left side, step right next to left, step left to left side

JAZZ BOX, JAZZ BOX WITH QUARTER TURN

1-2-3-4 Cross right over left, step left foot back, step right foot to right, step left next to right
5-6-7-8 Cross right over left, step left foot back and turn $\frac{1}{4}$ turn, step right foot to right, step left next to right (3:00)