

How Long Have You Known

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rhonda Mathieson (AUS) - May 2012
音乐: How Long Have You Known - The McClymonts : (Album: Two Worlds Collide?)



16 beat intro

[1 – 8] OUT, OUT, HOLD, IN, IN, HOLD, HIPS X 3, HIP L WITH HITCH [12]

& 1,2 Step Right out to V, Step L out to V, Hold & clap [12]

& 3,4 Step Right tog., Step L tog., Hold & clap

5,6,7,8 Hips R, Hips L, Hips R, Hips L as you hitch right foot

** RESTART WALL 3

[9-16] SIDE SHUFFLE, BEHIND, SIDE, CROSS, SIDE, ROCK, CROSS, SIDE, ROCK, CROSS

1&2,3&4 Side Shuffle to Right (RLR), Step L behind right, Step R to side, Step L across R

5&6,7&8 # Step R to side, Step L tog., Step R across L, Step L to side, Step R tog. Step L across R –
ENDING # [12]

[17-24] TOUCH, HOLD, TOUCH, HOLD, TURN ½ LEFT SWEEP SAILOR, KICKBALL CHANGE

1,2 & 3,4 Point R to side#, Hold, Step R tog., Point L to side, Hold

5&6,7&8 Sweep L behind unwind ½ left, Step L to side, Step R tog., Step L to side, Right Kick ball
change: Kick R fwd, Step R tog., Step on L [6]

[25-32] WALK 2, FWD, ROCK, ½ R SHUFFLE, ½ R SHUFFLE, R TOGETHER

1,2,3,4 Walk R and L, Step R fwd, Rock back on left

5&6, 7&8& ½ turn right shuffle (RLR), ½ turn right shuffle (LRL), Step R tog. on & [6]

[33-40] FWD ON L, ¼ R, CROSS, HOLD, SIDE, CROSS, HOLD, SIDE, ROCK, REPLACE

1,2,3,4 Step L fwd, Turn ¼ R take weight on R, Step L across R, Hold

&5,6,7,8 Step R to side, Step L across R, Hold, Step R to side, Rock replace to left [9]

[41-48] BEHIND, SIDE, CROSS, & CROSS, HOLD, SIDE ROCK, SWEEP ¼ L COASTER BACK

1&2 Step R behind L, Step L to side, Step R across L

&3,4 Step L to side, Step R across L, HOLD

5,6,7&8 Step L to side, Rock to R and replace, Sweep turn ¼ L coaster: Step L back, step R tog.,
Step L fwd [6]

[49-56] KICK, POINT, KICK, POINT, HITCH ¼ R, R FWD, L FWD, ROCK BACK ON R

1&2 Kick R fwd, Step R tog., Point L to side,

3&4 Kick L fwd, Step L tog., Point R to side

*** RESTART WALLS: 1,4, & 6

5,6,7,8 Hitch R turning ¼ R, Step R fwd, Step L fwd, Rock back on R [9]

[57-64] BACK LOCK BACK, BACK LOCK BACK, ½ SHUFFLE L, ¾ TURN L

1&2 Step L back, Step R across L, Step L back [9]

3&4 Step R back, Step L across R, Step R back

5&6 ½ turn L shuffle (LRL)

7,8 Turn ¾ L: turn ½ L step back on R, Turn ¼ L step L to side [6]

RESTARTS:-

Wall 1 – dance to 52 *** restart

Wall 3 – dance to 8 ** restart

Wall 4 – dance to 52*** restart

Wall 6 – dance to 52*** restart

ENDING: Wall 7 – dance to 16 #

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