Hit The Lights



拍数: 64 墙数: 4 级数: Intermediate

编舞者: WEWS - July 2012

音乐: Hit the Lights - Selena Gomez & The Scene



Intro: Start on vocals (approx 0.01 sec)

1-2	Cross R foot over L foot, turn ¼ R stepping L foot back
1 4	Ologgia to tool over a root, turn /4 it stepping a root back

3&4 Step R foot to R side, step L foot next to R foot, step R foot to R side

Cross L foot over R foot, turn ¼ L stepping R foot back
Turn ¼ L stepping L foot to L side, point R toes to R side

Windmill, Cross Side, Sailor 1/4 R

1-2	Turn ¼ R stepping R f	foot in place, turn ¼ R	pointing L toes to L side

3-4 Turn ¼ L stepping L foot in place, turn ¼ L sweeping R foot form back to front ***

5-6 Cross R foot over L foot, step L foot to L side

7&8 Turn ¼ R crossing R foot behind L foot, step L foot in place, step R foot forward

Forward Rock, Recover, Coaster Step, Forward, Reverse ½ R, ½ Turn Shuffle

1-2 Rock L foot forward, recover weight on R foot

3&4 Step L foot back, step R foot beside L foot, step L foot forward

5-6 Step R foot forward, turn ½ R stepping L foot back

7&8 Turn ½ R stepping R foot forward, lock L foot behind R foot, step R foot forward

Kick Ball Touch X2, Jazz Box 1/4 L Touch

1&2	Kick L foot forward, step L foot in place, point R toes to R side
3&4	Kick R foot forward, step R foot in place, point L toes to L side

5-8 Cross L foot over R foot, turn ¼ L stepping R foot back, step L foot to L side, touch R toes

beside L foot

Heel And Toe Syncopation, Out X2, In X2

1&2	Touch R heel forward, step R foot in place, touch L toes back
3&4	Touch L heel forward, step L foot in place, touch R toes back

5-6 Step R foot to R diagonal, step L foot to L diagonal

7-8 Step R foot inward, step L foot inward

Forward Shuffle, Pivot ½ R, ¼ R Chasse Side, Back Rock, Recover

1&2	Step R foot forward, lock	L foot behind R foo	t, step R foot forward
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3-4 Step L foot forward, turn ½ R

5&6 Turn ¼ R stepping L foot to L side, step R foot beside L foot, step L foot to L side

7-8 Rock R foot behind L foot, recover weight on L foot

Chasse Side, Back Rock, Recover, ¼ R, ½ R, Forward Shuffle

1&2	Step R foot to R side step	I foot payt to R foot	stan R foot to R side
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3-4 Rock L foot behind R foot, recover weight on R foot

5-6 Turn ¼ R stepping L foot back, turn ½ R stepping R foot forward 7&8 Step L foot forward, lock R foot behind L foot, step L foot forward

Touch Kick, Coaster Step, Touch Kick, Coaster Step

1-2	Touch R toes in place.	kick R foot forward

3&4 Step R foot back, step L foot next to R foot, step R foot forward

5-6 Touch L toes in place, kick L foot forward

Tag: At the end of wall 1, add Rocking Chair

1-4 Rock R foot forward, recover weight on L foot, rock R foot back, recover weight on L foot

Restart: On wall 6, dance up to count 12 and start again.