

Buffalo Gals

拍数: 32 墙数: 2 级数: Beginner
编舞者: Elaine & Mike Browne - June 2012
音乐: Buffalo Gals - Bruce Springsteen : (CD: We Shall Overcome - The Seeger Sessions)



8 Count intro, begin count after Bruce counts in 1,2,3,4. (125 bpm 3 mins 11 secs)

Section 1: Forward Toe struts x 2, Kick Ball Heel, Hold

- 1-4 . Touch Right toe forward, Step down on heel, Touch Left toe forward, Step down on heel.
5-8 . Kick Right foot forward, Step down on ball of right foot, Touch left heel forward, Hold..

Section 2: Coaster step, Hold, Side Touches with Claps

- 1-4 . Step back on left foot, Step right together with left, Step forward on Left, Hold.
5-8 . Step to right on right foot, Touch Left next to Right(and Clap), Step to left on left foot, Touch Right next to Left (and Clap).

Section 3: Rolling full turn right, Touch, Grapevine ¼ turn left, Brush

- 1-4 . ¼ turn right stepping on right, ½ turn right stepping back on left, ¼ turn right stepping to side on right, Touch left next to right.(& Clap).
5-8 . Step to side on left, Step right behind left, !¼ turn to left stepping on left, Brush right foot forward. (9.00)

Section 4: Jazz Box, Brush, Jazz Box ¼ turn left, Stomp.

- 1-4 . Cross right over left, Step back on left, Step to side on right, Brush left foot forward.
5-8 . Cross left over right, Step back on right, ¼ turn left stepping to side on left, Stomp right next to left (keeping weight on left foot). (6.00)

Start again, and SINGALONG.
