

# Shambala

拍数: 32      墙数: 4      级数: Absolute Beginner  
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音乐: Shambala - Toby Keith : (CD: Clancy Town)



## 32 Count Intro

### ROCKING CHAIR, SIDE ROCK, CROSS, HOLD

1-2      Rock forward on right, recover onto left  
3-4      Rock back on right, recover onto left  
5-6      Rock right to right side, recover onto left  
7-8      Cross right over left, hold

### ROCKING CHAIR, ROCK, ¼ TURN, STEP

1-2      Rock forward on left, recover onto right  
3-4      Rock back on left, recover onto right  
5-6      Rock left to left side, make ¼ turn to right stepping right forward (3)  
7-8      Step forward on left, hold

### STEP SCUFF, STEP SCUFF, ¼ TOUCH, FORWARD, TOUCH

1-2      Step forward right, scuff left forward  
3-4      Step forward left, scuff right forward  
5-6      Make ¼ turn right stepping right forward, touch left beside right (6)  
7-8      Step forward on left, touch right beside left

### STEP, TOUCH, ¼ TURN TOUCH X 3

1-2      Step right to right side, touch left beside right  
3-4      Make ¼ turn to left stepping left to left side, touch right beside left (3)  
5-6      Make ¼ turn to left stepping right to right side, touch left beside right (12)  
7-8      Make ¼ turn to left stepping left to left side, touch right beside left (9)

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