

# No Food To Eat

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 2      级数: Intermediate - WCS  
编舞者: Rep Ghazali (SCO) - June 2012  
音乐: In the Middle - Isaac Carree : (iTunes)



36 count intro start on vocal,

## [01-08] RIGHT FWD-HOLD, BALL STEP SCUFF, ROCK FWD LEFT-RECOVER, FULL TURN LEFT

1-2            step forward Right, hold  
&3-4        step Left together on Left ball, step forward Right, scuff forward on Left  
5-6        rock forward Left, recover on Right  
7-8        ½ turn Left by stepping forward on Left, ½ turn Right by stepping back on Right (travelling back)

## [09-16] LEFT COASTER CROSS, TOUCH OUT IN-STEP SIDE, ROCK BACK LEFT-RECOVER RIGHT, ¼ TURN RIGHT, ¼ TURN RIGHT

1&2        step back Left, step Right together, cross step Left over Right  
3&4        touch Right toe to Right side, touch Right together, step Right to Right side  
5-6        rock back Left, recover on Right  
7-8        ¼ turn Right by stepping back on Left, ¼ turn Right by stepping Right to Right side (6)

## [17-24] CROSS-HOLD, BALL CROSS-BALL CROSS, ½ MONTEREY TURN, SIDE TOE SWITCHES

1-2        cross Left over Right, hold  
&3&4        step Right to Right side, cross Left over Right, step Right to Right side, cross Left over Right  
5-6        touch Right toe to Right side, ½ Right by stepping Right together (12)  
7&8        touch Left toe to Left side, step Left together, touch Right toe to Right side

## [25-32] AND-WALK-WALK, LEFT SHUFFLE FWD, STEP-½ PIVOT X2

&1-2        step slight forward on Right, walk forward Left, walk forward Right  
3&4        step forward Left, step Right together, step forward Left  
5-8        step forward Right, ½ pivot turn Left, step forward Right, ½ pivot turn Left

Restart: 2nd wall, facing back wall

## [33-40] SIDE-BEHIND, BEHIND-SIDE-CROSS, SIDE-BEHIND, BEHIND-¼ TURN-FWD

1-2        step Right to Right side, step Left behind Right  
3&4        sweep and step Right behind Left, step Left to Left side, cross Right over Left  
5-6        step Left to Left side, step Right behind Left  
7&8        sweep and step Left behind Right, ¼ turn Right by stepping forward on Right, step fwd Left (3)

## [41-48] ROCK FWD RIGHT-RECOVER, AND ROCK FWD LEFT-RECOVER HOOK LEFT, LEFT SHUFFLE FWD, ½ TURN-STEP BACK

1-2        rock forward Right, recover on Left  
&3-4        step Right together, rock forward Left, as you recover on Right hook up on Left  
5&6        step forward Left, step Right together, step Left together  
7-8        ½ turn Left by stepping back on Right, step back Left (9)

## [49-56] ROCK BACK RIGHT-RECOVER LEFT, RIGHT SHUFFLE FWD, ROCK FWD LEFT-RECOVER, LEFT COASTER

1-2        rock back Right, recover on Left  
3&4        step forward Right, step Left together, step forward Right  
5-6        rock forward Left, recover on Right  
7&8        step back Left, step Right together, step forward Left

**[57-64] SIDE TOE SWITCHES, ¼ TURN LEFT-SCUFF RIGHT, ROCK BACK RIGHT-RECOVER LEFT,  
FULL TURN LEFT**

- 1&2 touch Right toe to Right side, step Right together, touch Left to Left side  
3-4 ¼ turn Left by stepping forward on Left, scuff forward on Right (6)  
5-6 rock back Right, recover on Left  
7-8 ½ turn Left by stepping back on Right, ½ turn Right by stepping forward Left (6)

**RESTART: 2nd wall - dance up to count 32 and restart from back wall**

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