

St Antonin

COPPERKNOB
STEPSHETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Urban Danielsson (SWE) - June 2012
音乐: St. Antonin - The Borderers : (CD: Tales of Love & Loss + Rise Up!)



64 counts intro, starts on vocal

Restart: There are two easy restarts, during Wall 2 and 5 after count 32

(The dance is actually a two wall dance, but as the restarts change walls you will begin the dance on all 4 walls.)

Section 1: Back rumba box with holds

1-4 Step right to right side, step left next to right, step right back, hold

5-8 Step left to left side, step right next to left, step left forward, hold

Section 2: Shuffle ½ turn, hold, ¼ turn step side, behind, side, hold

9-12 Turn ¼ left step right to right side, step left next to right, turn ¼ left step back on right, hold (6:00)

13-16 Turn ¼ left step left to left side, step right behind left, step left to left side, hold (3:00)

Section 3: Cross rock-recover, ¼ turn right, hold, ¼ turn right, ½ turn right, cross step, hold

17-20 Rock right across of left, recover weight onto left, turn ¼ right step right forward (6:00)

21-24 ¼ turn right step left to left side, ½ turn right step right to right side, step left across in front of right, hold (3:00)

Section 4: Side rock-recover, cross step, hold, ¼ turn left x 2, cross step, hold

25-28 Rock right to right side, recover weight onto left, step right across in front of left, hold

29-32 Turn ¼ right step back on left foot, turn ¼ right step right to right side, step left across in front of right, hold (9:00)

Restart: Restart here on wall 2 and 5, you will first face side walls then back to head walls after the second restart.

Section 5: Rumba box forward with holds

33-36 Step right to right side, step left next to right, step right forward, hold

37-40 Step left to left side, step right next to left, step back on left, hold

Section 6: Back lock step, hold, ½ turn left, step turn ¼ left, hold

41-44 Step right back, lock-step left cross of right, step right back (prepare to turn left), hold

45-48 ½ turn left step left forward, step right forward, turn ¼ left step left small step left, hold (12:00)

Section 7: Long weave ending ¼ turn left

49-52 Step right cross in front of left, step left to left side, step right behind of left, step left to left side

53-56 Step right cross in front of left, step left to left side, step right behind of left, turn ¼ left step left forward (9:00)

Section 8: Step turn ¼ turn left, cross step, hold, left scissor step, hold

57-60 Step right forward, turn ¼ left step small step left on left, step right across in front of left, hold (6:00)

61-64 Step left to left side, step right next to left, step left across in front of right, hold

RESTART and ENJOY!