

拍数: 64 墙数: 2 级数: Intermediate

编舞者: Annie Saerens (BEL) - June 2012

音乐: Serenada (Radio Edit) - Morandi : (iTunes)



STEP, TOUCH, STEP, TOUCH, CROSS ROCK STEP, CHASSE

1-2-3-4 Step right forward, touch left to side, Step left forward, touch right to side

5-6-7&8 Cross right rock over left, recover onto left, step right to side, together with L, step R to side

CROSS, SIDE, SAILOR, CROSS, SIDE, SAILOR REVERSE

1-2-3&4 Cross left over right, step right to side, cross behind with L, step right to side, step left to side Cross right over left, step left to side, cross over with R, step left to side, step right to side

ROCK STEP, SHUFFLE 1/2, ROCKING CHAIR

1-2-3&4 Rock left forward, recover onto R, make ¼ turn left stepping side with left together with right,

make ¼ turn left stepping forward with left

5-6-7-8 Rock right forward, recover onto L, rock right back, recover onto left

WEAVE, SWEEP, WEAVE, HOLD

1-2-3-4 Cross over with right, step left side, cross behind with R, sweep left from front to back

5-6-7-8 cross behind with L, step right to side, cross over with L, hold

ROCK STEP, SHUFFLE ½, PIVOT ½, SHUFFLE ½

1-2-3&4 Rock right forward, recover onto L, make ¼ turn right stepping side with right together with

left, make ¼ turn right stepping forward with right

5-6-7&8 L fwd step, ½ turn R, ,make ¼ turn right stepping side with left together with right, make ¼

turn right stepping back with left

ROCK STEP, KICK BALL CROSS, ROCK STEP CROSS SHUFFLE

1-2-3&4 Rock right back, recover onto L, kick right forward, together with right, cross over with L
5-6-7&8 Rock right to side, recover onto left, cross over with R, step left to side, cross over with right

ROCK STEP, 1/4 TURN SAILOR, ROCK STEP, SHUFFLE

1-2-3&4 Rock left to side, recover onto right, cross behind with left making \(\frac{1}{4} \) turn left, step right to

side, step left forward

5-6-7&8 Rock right forward, recover onto left, step right back, together with left, step right back

ROCK STEP, SCISSOR STEP, ROCK STEP 1/4, KICK BALL STEP

1-2-3&4 Rock left back, recover onto right, step left to side, together with right, cross over with left,

5-6-7&8 Rock right to side, make ¼ turn to left stepping forward with left, kick right forward, together

with right, step left forward

Repeat

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