

Point of No Return

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) - June 2012
音乐: Point of No Return - DJ Happy Vibes : (Album: Retro Vibration - feat. Jazzmin)



Intro: 56 Counts (on vocals)

Step, Touch, & Step, Kick & Point, ¼ R Kick-Ball-Step

1 Step Fwd on R
2&3 Touch L Next to R, Step on Ball of L Next to R, Step Fwd on R
4&5 Kick L Fwd, Step L Next to R, Point R to Right Side (Angle Body Left)
6 ¼ Turn Right (Weight Stays on L and R now Pointed Fwd)
7&8 Kick R Fwd, Step R Next to L, Step Fwd on L

Pivot ¼ L, Cross, ¼ R, ¼ R, Side, Hold, & Side Rock

1-2 Step Fwd on R, Pivot ¼ Turn Left
3-4 Cross R Over L, ¼ Turn Right Step Back on L
5-6 ¼ Turn Right Step R to Right Side, Hold
&7-8 Step L Next to R, Rock R to Right Side, Recover on L ***Restart Point

Cross, Side Rock-Cross, Hitch/Kick, Behind, ¼ L, Shuffle Fwd

1 Cross R Over L
2&3 Rock L to Left Side, Recover on R, Cross L Over L
4 Hitch or Kick R to Right Diagonal
5-6 Step R Behind L, ¼ Turn Left Step Fwd on L
7&8 Shuffle Fwd Stepping R, L, R

Pivot ¼ R, Cross, ¼ L, ¼ L, Side, Hold, & Side Rock

1-2 Step Fwd on L, Pivot ¼ Turn Right
3-4 Cross L Over R, ¼ Turn Left Step Back on R
5-6 ¼ Turn Left Step L to Left Side, Hold
&7-8 Step R Next to L, Rock L to Left Side, Recover on R

Cross, Side, Behind, ¼ L & Heel-Ball-Step, Hold, & Walk Walk

1-2 Cross L Over R, Step R to Right Side
3&4 Step L Behind R Turning ¼ Left, Step R Next to L, Touch L Heel Fwd
&5-6 Step L Next to R, Step Fwd on R, Hold
&7-8 Step L Next to R, Step Fwd R, Step Fwd L

Rock Fwd, & Heel & Touch, & Step Pivot ½ R x2

1-2 Rock Fwd on R, Recover on L
&3&4 Step R Next to L, Touch L Heel Fwd, Step L Next to R, Touch R Next to L
&5-6 Step R Next to L, Step Fwd on L, Pivot ½ Turn Right
7-8 Step Fwd on L, Pivot ½ Turn Right

(Easy option: replace counts &3&4& with a R Coaster Step)

Rock Fwd, & Back, Back, Coaster Step, Step Pivot ½ R

1-2 Rock Fwd on L, Recover on R
&3-4 Step L Next to R, Step Back on R, Step Back on L
5&6 Step Back on R, Step L Next to R, Step Fwd on R
7-8 Step Fwd on L, Pivot 1/2 Turn Right

¼ R Step Side, Touch, Side, Kick-Ball- Jazz Box

1-2-3 ¼ Turn Right Step L to Left Side, Point R to Right Diagonal, Step R to Right Side
4& Kick L to Left Diagonal, Step L Next to R
5-6 Cross R Over L, Step Back on L
7-8 Step R to Right Side, Step Fwd on L

Restart: After count 16 on wall 3 (6:00)

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