

# Hangover Time

COPPER KNOB  
BY SHEETS

拍数: 80      墙数: 4      级数: Phrased Advanced  
编舞者: Jannie Tofte Stoian (DK) - June 2012  
音乐: Hangover Time - Ida Corr : (Album: One - iTunes)



Phrasing: A, A16 RESTART, A, A8 RESTART, A, A16 RESTART, A, B, B, B24 RESTART, B, B, B, B  
Intro: No beats to count in – start after she sings 'yeah'. App. 10 seconds into track.

Note: See bottom for details on restarts.

Thanks to Lennie & my mother for once again being my guinea pigs.

## A SECTION (WEST COAST SWING)

[1-8] Walk R L, Out out, Heel swivels  $\frac{1}{4}$  R, Ball step, Touch point, Hitch cross, Unwind  $\frac{1}{2}$  L

- 1-2      Walk fw R, L 12:00
- &3      Step R small step to R side, step L small step to L side 12:00
- &4      Swivel R heel L, swivel L heel L turning  $\frac{1}{4}$  R (weight L) 03:00
- &5      Step R next to L, step L fw 03:00
- &6      Touch R next to L, point R to R side (bend L knee just a bit) 03:00
- &7-8    Hitch R up (&), cross R over L (7), unwind  $\frac{1}{2}$  L ending with weight on L (8) 09:00

[9-16] Cross, Side rock cross,  $\frac{1}{4}$  L,  $\frac{1}{2}$  L, Step  $\frac{1}{2}$ L step, Sweep  $\frac{1}{2}$ R

- 1      Cross R over L 09:00
- 2&3    Rock L to L side, recover onto R, cross L over R 09:00
- 4      Turn  $\frac{1}{4}$  L stepping back on R 06:00
- 5      Turn  $\frac{1}{2}$  L stepping L fw 12:00
- 6&7    Step R fw, turn  $\frac{1}{2}$  L stepping onto L, step R fw 06:00
- 8      Sweep L around  $\frac{1}{2}$  R, keeping weight on R 12:00

[17-24] Step, anchor sweep,  $\frac{3}{4}$  triple L, Touch rock, Coaster step, Sweep  $\frac{1}{8}$  L

- 1      Step L fw 12:00
- 2&3    Step R behind L, change weight to L, change weight to R while sweeping L from front to back 12:00
- 4&5    Turn  $\frac{1}{4}$  L stepping L next to R, turn  $\frac{1}{4}$  L stepping R next to L, turn  $\frac{1}{4}$  L stepping L a small step fw ( $\frac{3}{4}$  triple turn L) 03:00
- &6      Touch R next to L, rock R fw 03:00
- &7&    Recover onto L, step R next to L, step L fw (coaster step) 03:00
- 8      Sweep R around from back to front turning  $\frac{1}{8}$  L 01:30

[25-32] Cross back,  $\frac{1}{4}$  R Back cross back,  $\frac{1}{2}$  L, Step  $\frac{1}{2}$  L,  $\frac{1}{2}$  L, Collect

- 1-2      Cross R over L, step L back 01:30
- &3-4    Turn  $\frac{1}{4}$  R stepping R back, cross L over R, step R back squaring up 03:00
- 5      Turn  $\frac{1}{2}$  L stepping L fw 09:00
- 6&7    Step R fw, turn  $\frac{1}{2}$  L stepping onto L, turn  $\frac{1}{2}$  L stepping back on R 09:00
- 8      Step L next to R 09:00

## B SECTION (WALTZ) – STARTS FACING 12:00

[1-6] Twinkle R, Cross sweep

- 1-3      Cross R over L, step L to L side, step R to R side 12:00
- 4-6      Cross L over R (4), sweep R around from back to front (5-6) 12:00

[7-12] Twinkle  $\frac{1}{2}$  R, Cross sweep

- 1-3      Cross R over L, turn  $\frac{1}{4}$  R stepping back on L, turn  $\frac{1}{4}$  R stepping R to R side 06:00
- 4-6      Cross L over R (4), sweep R around from back to front (5-6) (facing L diagonal) 04:30

**[13-18] R basic, Step slide**

- 1-3 Step R fw, step L next to R, step R next L 04:30  
4-6 Step L back, slide R next to L (keeping weight on L) 04:30

**[19-24] Basic ½ L, Basic ½ L**

- 1-3 Step R back, turn ½ L stepping L fw, step R next to L 10:30  
4-6 Step L fw, turn ½ L stepping R back, step L next R

**Note: it's really important that you collect and that last count – do NOT step back 04:30**

**[25-30] R weave, Step slide**

- 1-3 Squaring up cross R over L, step L to L side, cross R behind L 06:00  
4-6 Step L big step to L side (4), slide R towards L keeping weight on L

**Prep body towards L for turn in next section 06:00**

**[31-36] 1 ¼ R rolling vine, Step point hold**

- 1-3 Turn ¼ R stepping R fw, turn ½ R stepping L back, turn ½ R stepping R fw 09:00  
4-6 Step L fw, point R to R side 09:00

**[37-42] R twinkle back, Cross sweep**

- 1-3 Cross R behind L, step L to L side, step R to R side 09:00  
4-6 Cross L behind R (4), sweep R from front to back (5-6) 09:00

**[43-48] Behind side cross, Step slide**

- 1-3 Cross R behind L, step L to L side, cross R in front of L 09:00  
4-6 Step L big step to L side (4), slide R towards L, keeping weight on L (5-6) 09:00

**RESTARTS:-**

**PART A – On wall 2 (facing 9:00) & wall 6 (facing 3:00) – dance the first 15 counts and then:**

- 8 Sweep L around ½ R, stepping down on L - restart

**PART A – On wall 4 (facing 6:00) Do the first 6 counts and then:**

- &7-8 Hitch R up (&), cross R over L (7), unwind ¼ L ending with weight on L (8) - restart 06:00

**PART B – On wall 3 (facing 10:30/12:00) – Do the first 24 counts and then restart the dance**

**Ending: The dance finishes at 12:00. No ending needed!**

**Good luck & enjoy!**

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