

# Let It All Go

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Ria Vos (NL) - June 2012  
音乐: Let It Go - Alexandra Burke : (Single)



## Intro: 16 Counts

### Rock Back, ¼ L Point R, ¼ R Step Fwd, Step Pivot ½ Turn R, Shuffle ½ Turn R

- 1-2      Rock Back on R, Recover on L
- 3-4      ¼ Turn Left Point R to Right Side, ¼ Turn Right Step Fwd on R (12:00)
- 5-6      Step Fwd on L, Pivot ½ Turn Right (6:00)
- 7&8      ¼ Turn Right Step L to Left Side, Step R Next to L, ¼ Turn Right Step Back on L (12:00)

### ¼ R Side, Point, ¼ L Kick & Side Rock, Recover with Flick, Chasse 1/4 L

- 1-2      ¼ Turn Right Step R to Right Side, Point L to Left Side (3:00)
- 3      ¼ Turn Left Step Fwd on L (12:00)
- 4&      Kick R Fwd, Step R Next to L
- 5-6      Rock L to Left Side (dip down), Recover on R Flicking L Behind R (come up again)
- 7&8      Step L to Left Side, Step R Next to L, ¼ Turn Left Step Fwd on L (9:00)

### Cross, Back, Back, Cross, Back, Side, Cross Shuffle

- 1-2      Cross R Over L, Step Back on L (slightly to L Diagonal)
- 3-4      Step Back on R (slightly to R Diagonal), Cross L Over R (body facing R Diagonal)
- 5-6      Step Back on R (straighten up to 9:00), Step L to Left Side
- 7&8      Cross R Over L, Step L to Left Side, Cross R Over L

### Side Rock, Full Turn L, Behind, ¼ R, Step Pivot ½ Turn R

- 1-2      Rock L to Left Side, Recover on R
- 3-4      ½ Turn Left Step L to Left Side, ½ Turn Left Step R to Right Side (9:00)
- 5-6      Step L Behind R, ¼ Turn Right Step Fwd on R (12:00)
- 7-8      Step Fwd on L, Pivot ½ Turn Right (6:00)

### Side, Hold, & Side, Hold, & Side, Touch, Kick-Ball-Cross

- 1-2      Step L to Left Side, Hold
- &3-4      Step R Next to L, Step L to Left Side, Hold
- &5-6      Step R Next to L, Step L to Left Side, Touch R Next to L
- 7&8      Kick R to Right Diagonal, Step R Next to L, Cross L Over R

### Side Rock, ¼ R Shuffle, ¼ R Side Rock, ¼ L Shuffle Fwd

- 1-2      Rock R to Right Side, Recover on L
- 3&4      ¼ Turn Right Shuffle Fwd Stepping R, L, R (9:00)
- 5-6      ¼ Turn Right Rock L to Left Side, Recover on R (12:00)
- 7&8      ¼ Turn Left Shuffle Fwd Stepping L, R, L (9:00)

### Step Pivot ½ Turn L, Full Turn L, Shuffle Fwd, Step Fwd, Together

- 1-2      Step Fwd on R, Pivot ½ Turn Left (3:00)
- 3-4      ½ Turn Left Step Back on R, ½ Turn Left Step Fwd on L (3:00)
- 5&6      Shuffle Fwd Stepping R, L, R
- 7-8      Step Fwd on L, Step R Next to L

### Back, Hold, & Cross, Back, Coaster Step, Rock Fwd

- 1-2      Step Back on L, Hold (dragging R backwards)

&3-4 Step on Ball of R to Right Back Diagonal, Cross L Over R, Step Back on R  
5&6 Step Back on L, Step R Next to L, Step Fwd on L  
7-8 Rock Fwd on R, Recover on L

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