

Heels On The Ground

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Put My High Heels On - Robin Meade : (Album: Brand New Day)



Intro : 32 counts

[1-8] VINE RIGHT, TOE FAN

1-3 Right step to the right, left cross behind right, right step to the right
4 Left next to right
5-6 Swivel left toe to the left , recover left toe to the center
7-8 Swivel left toe to the left , recover left toe to the center (weight on right)

[9-16] VINE 1/4 TURN LEFT, SCUFF, JAZZ BOX

1-2 Left step to the left, right cross behind left
3-4 ¼ turn left and left step fwd, scuff right fwd 9 :00
5-8 Right cross over left, left step back, right to the right, left step fwd

[17-24] DIAGONALLY STEP, TOUCH, BACK, KICK, BEHIND SIDE CROSS, HOLD

1-2 Right step diagonally right fwd, touch left next to right
3-4 Left step back, Kick right diagonally right fwd
5-6 Right cross behind left, left to left
7-8 Right cross over left, Hold

[25-32] SIDE STOMP, CLAP, HEEL TOUCH FWD- CLAP (R & L), STOMP-UP x 2

1 Stomp left to left side
2 Clap
3 Touch right heel fwd
4 Clap
&5 Recover on right next to left, touch left heel fwd
6 Clap
& Recover on left next to right
7-8 Stomp-up right X 2 next to left (Keep weight on left)

Start again and enjoy !
