

Pontoon

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gail Smith (USA) - June 2012
音乐: Pontoon - Little Big Town : (Single - iTunes)



Intro: Start on the Vocals - 8 Counts from the down beat

WALK, WALK, ANCHOR STEP, FULL TURN, COASTER STEP

1 - 2 Step right forward, step left forward
3 & Angle your body to face right diagonal, step ball of right foot behind left
4 Step left in place, Straighten your body to face forward, step right slightly back
5 - 6 Turn 1/2 left and step left forward, turn 1/2 left and step right back
7 & 8 Step left back, step right together, step left forward

Option for full turn: Walk backward 2 steps - L , R

SYNCOPATED LOCK STEPS, CROSS, SIDE, 1/4 SAILOR TURN

(Counts 1 - 4 = like end of Crazy Foot Mambo)

1 & 2 Step right diagonal forward, lock left behind right, step right diagonal forward
& 3 Step left diagonal forward, lock right behind left
& 4 Step left diagonal forward, step (or stomp) right diagonal forward
5 - 6 Step left across right, step right to side
7 & 8 Turn 1/4 left as you step left behind right, step right to side, step left to side

Option for the syncopated lock steps: 1 - 2 Step, Lock 3 & 4 Step, Lock, Step

SIDE, BEHIND, AND HEEL AND CROSS (RIGHT & LEFT)

1 - 2 Step right to side, step left behind right
& 3 Step right back, touch left heel diagonal forward
& 4 Step left back, step right across left
5 - 6 Step left to side, step right behind left
& 7 Step left back, touch right heel diagonal forward
& 8 Step right back, step left across right

1/4 TURN, 1/4 TURN, CROSSING SHUFFLE, SIDE ROCK, RECOVER, COASTER STEP

1 - 2 1/4 left and step right back, 1/4 left and step left to side
3 & 4 Step right across left, step left to side, step right across left
5 - 6 Rock left out to side, recover onto right
7 & 8 Step left back, step right together, step left forward

REPEAT

Contact info: Gail Smith smith_n_western_2000@yahoo.com