

My Open Arms

COPPER KNOB
BYEFOOTETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Mathew Sinyard (UK) - June 2012
音乐: Just for You (feat. Billy Currington) - Lionel Richie : (Album: Tuskegee)



Intro: 32 counts

Section 1 – Side Rock, Cross Shuffle, Side Rock, Cross Shuffle.

- 1-2 Rock right foot to right side, recover onto left.
- 3&4 Cross shuffle - Cross right foot in front of left, close left to right, cross right foot in front of left.
- 5-6 Rock left foot to left side, recover onto right.
- 7&8 Cross shuffle - Cross left foot in front of right, close right to left, cross left foot in front of right.

Section 2 – ¼ Turn, Side, Shuffle Half, Back Rock, Step Touch.

- 1-2 Step right foot to right side making a ¼ turn left, step left foot to left side.
- 3&4 Right shuffle forward making a half turn left.
- 5-6 Rock back onto left foot, recover onto right.
- 7-8 Step left foot forward, touch right toe beside left foot.

(* Restart Here On Walls – 2, 4 & 6 *)

Section 3 – Forward Rock, Shuffle Half, Step Turn Half, Shuffle Forward.

- 1-2 Rock forward onto right foot, recover onto left.
- 3&4 Right shuffle back making a half turn right.
- 5-6 Step forward onto left, pivot half turn right.
- 7&8 Left shuffle forward.

Section 4 – Full Turn, Shuffle, Jazz Box Touch.

- 1-2 Step forward onto right foot making a half turn left, Step back onto left foot making a half turn left (*alternative Walk Forward Right, Left).
 - 3&4 Right shuffle forward.
 - 5-6 Cross left foot over right, step right foot back.
 - 7-8 Step left foot to left side, touch right beside left.
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