

# Bahama Mama

COPPER KNOB  
STEPPERS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Roger Hwang (USA) - March 2008  
音乐: Bahama Mama - Boney M. : (Rvsd)



**Start on Vocals - Intro: 64 Counts, NO TAGS, No restarts**

## **S1. Sway Hips L,R,L,R, L Shuffle Back, R Shuffle Back**

1-4            Step left diagonal fwd with hip swaying L, R, L, R  
5&6            Shuffle back on L-R-L  
7&8            Shuffle back on R-L-R

## **S2. Rock Recover, Shuffle Fwd, Rock Recover, Rock Behind Recover**

1-2            Rock back on left, recover on right  
3&4            Shuffle fwd on L-R-L  
5-8            Rock right to right, recover on left, rock right behind left, recover on left (with weight on L)

## **S3. Sway Hips R,L,R,L, R Shuffle Back, L Shuffle Back**

1-4            Step right diagonal fwd with hip swaying R, L, R, L  
5&6            Shuffle back on R-L-R  
7&8            Shuffle back on L-R-L

## **S4. Rock Recover, R Shuffle Fwd, Rock Recover, Rock Behind Recover**

1-2            Rock back on right, recover on left  
3&4            Shuffle fwd on R-L-R  
5-8            Rock left to left, recover on right, rock left behind right, recover on right (with weight on R)

## **S5. Lindy Left, Lindy Right**

1&2            Step left to left, step right next to left, step left to left  
3-4            Rock back on right, recover on left  
5&6            Step right to right, step left next to right, step right to right  
7-8            Rock back on left, recover on right

## **S6. L Shuffle fwd, R Shuffle fwd, Step fwd, ½ Pivot turn R, L Shuffle fwd**

1&2            Shuffle fwd on L-R-L  
3&4            Shuffle fwd on R-L-R  
5-6            Step left forward, ½ pivot turn right (6:00)  
7&8            Shuffle fwd on L-R-L

## **S7. Sway Hip R L, Coaster Step, Sway Hip L R, Coaster Step**

1-2            Step right diagonal fwd with hip swaying R L  
3&4            Step back on right, step left next to right, step right fwd  
5-6            Step right diagonal fwd with hip swaying L R  
7&8            Step back on left, step right next to left, step left fwd

## **S8. Roll Hips Round Clockwise Twice, Coaster Step, Step, Turn ¼ Right**

1-4            Step right fwd rolling hips round clockwise twice  
5&6            Step back on right, step left next to right, step right fwd  
7-8            Step left fwd, make a ¼ turn right, (with weight on right) (9:00)

**Repeat and Happy Dancing!**

Contact : Roger Hwang - rogerhwang@msn.com

