

All For Me

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver - WCS
编舞者: Séverine Fillion (FR) - March 2012
音乐: All for You - Imelda May : (Album: Mayhem)



Intro : 16 counts

[1-8] KICK DIAGONAL, BEHIND, SIDE, CROSS, KICK DIAGONAL, BEHIND, 1/4 T, FWD

- 1-2 Kick right diagonally right fwd (Body turned at 1h30), right cross behind left
- 3-4 Left to left, right cross over left
- 5-6 Kick left diagonally left fwd (Body turned at 10h30), left cross behind right
- 7-8 ¼ turn right and right step fwd, left step fwd 3 :00

[9-16] WALKS FWD, ANKOR STEP, COASTER STEP, FWD, 1/4 TURN & HITCH

- 1-2 Walks fwd : Right - Left
- 3&4 Right step cross behind left, put weight on left fwd, put weight on right slightly back
- 5&6 Left step back, right ball next to left, left step fwd
- 7-8 Right step fwd, ¼ turn left on right foot and Hitch left 12 :00

[17-24] CROSS POINT, HOLD, SIDE POINT, HOLD, CROSS POINT, SIDE POINT, CROSS, SIDE POINT

Body turned at 1h30

- 1-2 Touch left toe cross over right diagonally right fwd (Tense leg), Hold
- 3-4 Touch left toe to left side, Hold
- 5-6 Touch left toe cross over right diagonally right fwd, Touch left toe to left side
- 7-8 Left step cross over right, Touch right toe to right side (Body turned facing)

[25-32] SIDE HIP BUMP (RIGHT & LEFT), SAILOR STEP, SWEEP 1/4 TURN, BEHIND

- 1-2 Passing weight on right foot by pushing hips towards the right and by folding knees
(ending weight on right and touch left toe to left side, feet slightly appart)
- 3-4 Passing weight on left foot by pushing hips towards the left and by folding knees
(ending weight on left and touch right toe to right side, feet slightly appart)
- 5&6 Right cross behind left, left to left, right to right
- 7 Turn ¼ left on right foot sweeping left from front to back 9 :00
- 8 Step left cross behind right

Start again and enjoy !