

You Got Me "Twisted"

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Pim van Grootel (NL) & Bella Scholtz  - June 2012
音乐: Twisted (feat. Pharrell Williams) - Usher : (Album: Usher - Looking 4 Myself)



Starts after: 8 Counts

Behind, Side, Close, Twist, Side, Behind, Side, Cross, 1/2 Turn R

1 RF Cross behind LF
2 LF Step to left side
3 RF Step next LF
& Twist both heels to the left
4 Twist both heels back to center
5 RF Step to right side
6 LF Cross behind RF
& RF Step to right side
7 LF Cross over RF
& - 8 1/2 Turn right, (Option: pop shoulders up and down.)

Syncopated Swivels Backwards, Coaster Step

& Swivel both heels out
1 RF Step backwards, swivel both heels in
& Swivel both heels out
2 LF Step backwards, swivel both heels in
& Swivel both heels out
3 RF Step backwards, swivel both heels in
& Swivel both heels out
4 Swivel both heels in
& Swivel both heels out
5 LF Step backwards, swivel both heels in
& Swivel both heels out
6 RF Step backwards, swivel both heels in
& Swivel both heels out
7 LF Step backwards
& RF Step next to LF
8 LF Step forward

Stomp Fwd, Swivel R Heel Out, In, Hitch R, StompFwd, Lock Behind, Out,Out, Twist

1 RF Stomp forward
& RF Swivel heel to the right side
2 RF Swivel heel back to center
& RF Swivel heel to left side
3 RF Swivel heel back to center
& RF Hitch
4 RF Stomp forward
5 RF Step forward
6 LF Lock behind RF
& RF Step to right side
7 LF Step to left side
& RF twist heel to right, LF twist toe to left
8 Twist back to center

Cross Rock, Recover, Step Side, Hold, Close, Side Step, Jazz Box ¼ Turn L, Ball Change

- 1 RF Cross over LF
- & LF Recover weight
- 2 RF Step to right side
- 3 Hold
- & LF Step next RF
- 4 RF Step to right side
- 5 LF Cross over RF
- 6 RF ¼ Turn left stepping backwards
- 7 LF Step to left side
- & RF Recover weight
- 8 LF Step to left side

Tag: After wall 9, you will do the following 4 steps:

- 1 Hips to the left
 - 2 Hips to the right
 - 3 Hips to the left
 - 4 Hips to the right
-