

Ode To Happiness

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Sue Hsu (USA) - June 2012
音乐: Felicità (Happyness) - Al Bano & Romina Power



16 count intro

Part A

[1 – 8] Bota Fogo: R Samba, L Samba, 1/8 Rocking Chair (10:30), R Rock, Recover, 3/8 Forward R (3:00)

1 a 2 Cross right over left (1), rock left to left side (a), recover weight onto right (2)
3 a 4 Cross left over right (3), rock right to right side (a), recover weight onto left (4)
5&6&7&8 Make 1/8 turn left (10:30) rocking forward on right (5), recover weight onto left (&), rock back on right (6), recover weight onto left (&), rock forward on right (7), recover weight onto left (&), make 3/8 right and step right forward (8) (3:00)

A8 (Restart) - Do the first 8 count of Part A. But on count 8, no 3/8 turn right, just touch right toe beside left (7 & touch) and restart Part A (3:00)

[9 – 16] Bota Fogo: L Samba, R Samba, 1/8 Rocking Chair, L Forward Rock, Recover, Back (4:30)

1 a 2 Cross left over right (1), rock right to right side (a), recover weight onto left (2)
3 a 4 Cross right over left (3), rock left to left side (a), recover weight onto right (4)
5&6&7&8 Make 1/8 right (4:30) rocking forward on left (5), recover weight onto right (&), rock back on left (6), recover weight onto right (&), rock forward on left (7), recover weight onto right (&), step back on left (8) (4:30)

[17 – 24] Turn R 1/8 Side, Rock Back, Recover, L Side, Rock Back, Recover, Side Rock, Recover, Cross & Cross & Cross.

1 a 2 Make 1/8 right stepping right to right side (square-up to 6:00)(1), rock left behind right (a), recover weight onto right (2)
3 a 4 Step left to left side (3), rock right behind left (a), recover weight onto left (4)
5&6&7&8 Rock right to right (5), recover weight onto left (&), cross right over left (6), step left to left (&), cross right over left (7), step left to left (&), cross right over left (8) (6:00)

[25 – 32] Turn L 1/2 Cross & Cross, Turn R 1/2 Cross & Cross, 1/4 Forward Rock, Recover, Together, Point

1 & 2 Make 1/2 left and crossing left over right (1), right step to right (&), cross left over right (2) (12:00)
3 & 4 Make 1/2 right and crossing right over left (3), left step to left (&), cross right over left (4) (6:00)
5 6 7 8 Make 1/4 left rocking forward on left (5), recover on right (6), step left beside right (7), point right toe out to right side (8) (3:00)

5 6 7 A* has 31 count (no count 8), omit the last count 8 of Part A

Make 1/4 left rocking forward on left (5), recover on right (6), step left beside right (7) Both A* start from 6:00 end at 9:00

Part B

[1 - 8] Cross R, Back, 1/4 Forward, 1/2 Back, 1/4 Side, L Cross, Back, 1/4 Forward

1 2 Jazz box: cross right over left (1), step back on left (2)
3 4 Make 1/4 right stepping forward on right (3), make 1/2 right stepping back on left (4)
5 6 7 8 Make 1/4 right stepping right to right (5), cross left over right (6), step back on right (7), make 1/4 left stepping forward on left (8) (6:00)

[9 – 16] 1/2 Shuffle Back, 1/2 Shuffle Forward, Rocking Chair

1 & 2 Make 1/2 left stepping back on right (1), step left beside right (&), step back on right (2),
3 & 4 Make 1/2 left stepping forward on left (3), step right beside left (&), step forward on left (4)

5 6 7 8 Rock forward on right (5), recover onto left (6), rock back on right (7), recover onto left (8)
(6:00)

[17 – 24] R Step Forward, Pivot ¼, Cross, Side, Behind, Side, Cross Shuffle

1 2 3 4 Step right forward (1), pivot ¼ turn left (2), cross right over left (3), step left to left (4)
5 6 Cross right behind left (5), step left to left side (6)
7&8 Cross right over left (7), step left to left (&), cross right over left (8) (3:00)

[25 – 32] Side Rock, Recover, Cross Shuffle, ¾ Turn Step, Forward, Touch

1 2 Rock left to left side (1), recover onto right (2)
3 & 4 Cross left over right (3), step right to right (&), cross left over right (4)
5 & 6 Make ¼ turn left stepping back on right (5), make ½ turn left stepping forward on left (&), step
forward on right (6)
7 8 Big step forward on left (7), touch right toe beside left (8) (6:00)

Sequence: A A A* B B A8 A A* B B B B

A8 (Restart) Do the first 8 count of Part A. But on count 8, no 3/8 turn right, just touch right toe beside left (7 & touch) and restart Part A

A* has 31 count (omit the last ct of Part A). Both A* start from 6:00, end at 9:00.

Have fun.

Thanks to May Chu.

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