

Da Bop

拍数: 32 墙数: 4 级数: Improver
编舞者: Francien Sittrop (NL) - June 2012
音乐: Da Bop - WTF : (Single - iTunes)



Intro: Start after 16 Counts from Heavy Beat

[1 – 8] Rock Recover , Behind Side Cross, Side , Rock & Heel & Cross

1 – 2 Rock R fwd, Recover on L
3 & 4 Sweep R behind L, Step L to L side, Step R across L
5 Step L to L side
6&7& Step R behind L, Step L next to R, Touch R heel fwd, Step R down
8 Step L across R

[9-16] Touch R , Monterey ¼ R, Touch , Flick ¼ R , Shuffle fwd, Full Turn L

1 – 2 Touch R to R side , ¼ Turn R step R next L
3 – 4 Touch L to L side , ¼ R and flick L back (06.00)
5 & 6 Step L fwd, Step R next to L , Step L fwd
7 – 8 ½ Turn L step R back, ½ Turn L step L fwd

[17-24] Syncopated Rock Steps, Sailor Cross 3/4 L , Chasse R

1-2& Rock R fwd, Recover on L , Step R next to L
3 – 4 Rock L fwd, Recover on R
5 & 6 Step L behind R with 3/4 Turn L , Step R to R side, Step L across R (09.00)
7 & 8 Step R to R side, Step L next to R, Step R to R side

[25-32] Rock Back Recover, Kick & Touch, Heel Touches fwd, Scuff , Touch

1 – 2 Rock L back, Recover on R
3 & 4 Kick L fwd, Step L to L side , Touch R next to L
5&6& Touch R heel fwd, Step R next to L , Touch L Heel fwd , Step L next to R
7 – 8 Scuff R fwd, Touch R next to L

Arm Options counts 4 – 8 : Put your arms in front of you like Russian dancers and you can bend knees a Little bit if you want

Tag after wall 2 (facing the back Wall):

[1 – 8] Step fwd , ¼ Turn L x 4

1 – 2 Step R fwd, ¼ Turn L
3 – 4 Step R fwd, ¼ Turn L
5 – 6 Step R fwd, ¼ Turn L
7 – 8 Step R fwd, ¼ Turn L

Ending: Last wall ends on the 3 O'clock wall on count 31 (scuff), Make ¼ Turn L and Touch R next to L

Contact - Website: www.franciensittrop.nl

Last Revision - 12th June 2012