

Neon

拍数: 60 墙数: 2 级数: Intermediate
编舞者: Gail Smith (USA) - June 2012
音乐: Neon - Chris Young : (Album: Neon)



Intro: 16 Counts

PIVOT 1/2, SHUFFLE, ROCK FORWARD, RECOVER, COASTER CROSS

1 - 2 Step right forward, pivot 1/2 turn left (weight to left)
3 & 4 Shuffle forward R - L - R (6:00)
5 - 6 Rock left forward, recover onto right
7 & 8 Step left back, step right together, step left across right

SWAYS, BEHIND-SIDE-CROSS, SWAYS, 1/2 SAILOR TURN

1 - 2 Sway right, sway left
3 & 4 Step right behind left, step left to side, step right across left
5 - 6 Sway left, sway right
7 & 8 Turn 1/2 to left and step left behind right, step right to side, step left to side (12:00)

STEP, LIFT, COASTER STEP, PIVOT 1/2, SHUFFLE

1 - 2 Step right forward, lift left leg slightly with leg straight and toes pointed forward
3 & 4 Step left back, step right together, step left forward
5 - 6 Step right forward, pivot 1/2 left (weight to left) (6:00)
7 & 8 Shuffle forward R - L - R

STEP, LIFT, COASTER STEP, PIVOT 1/2, SHUFFLE

1 - 2 Step left forward, lift right leg slightly with leg straight and toes pointed forward
******* TAG on wall 5 - Rock right back, recover onto left - RESTART happens facing (6:00)**
3 & 4 Step right back, step left together, step right forward
5 - 6 Step left forward, pivot 1/2 right (weight to right) (12:00)
7 & 8 Shuffle forward L - R - L

SIDE, TOUCH, KICK-BALL-CROSS, 1/4, TOUCH, KICK-BALL-CROSS

1 - 2 Step right to side, touch left next to right foot
3 & 4 Kick left forward, step on ball of left foot, step right across left
5 - 6 Turn 1/4 left and step left forward, touch right next to left foot (9:00)
7 & 8 Kick right forward, step on ball of right foot, step left across right

SWEEP ACROSS, SIDE SHUFFLE, BACK ROCK, RECOVER, 1/4 TURN SHUFFLE

1 - 2 Sweep right forward and step right across left
3 & 4 Step left to side, step right next to left, step left to side
5 - 6 Rock right back, recover onto left
7 & 8 Turn 1/4 right and shuffle forward R - L - R (12:00)

SWEEP ACROSS, SIDE SHUFFLE, BACK ROCK, RECOVER, 1/2 TURN SHUFFLE

1 - 2 Sweep left forward and step left across right
3 & 4 Step right to side, step left next to right, step right to side
5 - 6 Rock left back, recover onto right
7 & 8 Turn 1/2 left as you shuffle making a slight arc L - R - L (6:00)

HIP BUMPS (if you haven't reached the back wall, finish the arc with the hip bumps)

1 & 2 Step right forward as you bump hips forward, back, forward
3 & 4 Sep left forward as you bump hips forward, back, forward

REPEAT

TAG at the end of wall 2 - Repeat hip bumps Facing (12:00)

ENDING - Repeat hip bumps Facing (12:00)

Contact Info: Gail Smith - smith_n_western_2000@yahoo.com

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