

This Time

拍数: 48

墙数: 2

级数: Advanced - Fast Tempo Smooth /
NC



编舞者: Dee Musk (UK) - June 2012

音乐: This Time - Pia Toscano : (Single - iTunes)

16 Count Intro. Approx 11 secs. - BPM 88 (approx) - Approx 3 mins 09 secs.

Step, 1 ¼ Turn L, Back Rock Side, Cross, Hinge ½ R, Cross Rock Side.

- 1,2& Step forward on L, make a full turn L stepping back on R, stepping forward on L.
3 Make a ¼ turn L stepping R to R side.
4&5 Cross rock L behind R, recover weight to R, step L to L side.
6&7 Cross R over L, make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.
&8& Cross rock L over R, recover weight to R, step L to L side. (3 o'clock).

Cross, Hinge ½ Turn R, Cross Rock Recover, Side, Cross Rock Recover, ¼ Turn R, Step ½ Turn R.

- 1,2& Cross R over L, make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.
3,4& Cross rock L over R, recover weight to R, step L to L side.
5,6& Cross rock R over L, recover weight to L, make a ¼ turn R stepping forward on R.
7,8 Step forward on L, make a ½ turn R keeping weight back on L. (6 o'clock).

¼ Turn L Ball Cross, ¼ Turn L, ½ Turn L, Step Pivot Step, Walk L, Walk R, Rock Recover ¼ Turn L, Touch.

- &1 Step R beside L making a ¼ turn L, cross L over R.
2& Make a ¼ turn L stepping back on R, make a ½ turn L stepping forward on L
3&4 Step forward on R, make a ½ turn L, step forward on R.
5,6 Walk L, Walk R.
7&8& Rock forward on L, recover weight to R, make a ¼ turn L, touch R beside L. (9 o'clock).

¼ Turn R With Sweep, Cross Back Back, Cross Back Side, Step, Forward Mambo, Back Together.

- 1 Making a ¼ turn R step down on R and sweep L to in front of R.
2&3 Cross L over R, step back on R, step back on L.
&4& Cross R over L, step back on L, step R to R side.
5 Step forward on L.
6&7 Rock forward on R, recover weight to L, step back on R.
8& Step back on L, step R beside L. (12 o'clock).

** Restarts from here during walls 2 and 5 – begin again.

Step, Step Reverse ½ Turn R, Back Rock ½ Turn L, ½ Turn L,, ¼ Turn L with Side Rock Recover Cross.

- 1-3 Step forward on L, step forward on R, make a reverse ½ turn R stepping back on L.
4&5 Rock back on R, recover weight to L, make a ½ turn L stepping back on R.
6 Make a ½ turn L stepping forward on L.
7&8 Making a ¼ turn L rock R to R side, recover weight to L, cross R over L. (3 o'clock).

½ Hinge Turn R, Behind Side, Cross Rock Recover, ¼ Turn L, Step ¾ Turn L, Side, Back Rock.

- &1 Make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.
2& Cross step L behind R, step R to R side.
3,4& Cross rock L over R, recover weight to R, make a ¼ turn L stepping forward on L.
5-7 Step forward on R, make a ¾ turn L, step R to R side.
8& Cross rock L behind R, recover weight to R.

Begin again making a ¼ turn L and stepping forward on count 1. (6 o'clock).

**Restart 1 – During wall 2 - begin again facing 6 o'clock.

****Restart 2 – During wall 5 - begin again facing 6 o'clock.**

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