

Second Chance

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Esmeralda van de Pol (NL) - June 2012
音乐: The Other Side of Broken - Mark Medlock



Intro: 24 counts

:::1:::BASIC NIGHTCLUB R, SIDE, BEHIND-SIDE-CROSS, ROCK & CROSS, 2X 1/4 TURN L

1-2& Step R to R side, Step L behind R heel, Cross R over L
3-4&5 Step L to L side, Cross R behind L, Step L to L side, Cross R over L
6&7 Rock L to L side, Recover on R, Cross L over R
8& 1/4 Turn L-step R back, 1/4 Turn L-step L to L side 06.00

:::2:::WALK FWD X3, MAMBO STEP, BEHIND SIDE CROSS, ROCK & CROSS

1-2-3 Walk forward R-L-R
4&5 Rock L fwd, Recover on R, Step L back and sweep R to back
6&7 Cross R behind L, Step L to L side, Cross R over L
8&1 Rock L to L side, Recover on R, Cross L over R 06.00

:::3:::SIDE ROCK (LUNGE), 1/4 TURN R, 1/2 R, 1/4 TURN R, CROSS BACK, & CROSS SHUFFLE

2-3 Rock R to R side, Recover on L-bend your knee en point R to R side
4&5 1/4 turn R-step R fwd, 1/2 turn R-step L back, 1/4 turn R-step R to R side
6-7& Cross L over R, Step R back, Step L next to R
8&1 Cross R over L, Step L to L side, Cross R over L

(You can change count 4&5 into a chasse to the R)

:::4:::HIP SWAYS X3, CROSS, BACK, BACK, COASTER STEP

2-3-4 Sway hips to L, R, L (restart point at the 1st and 3rd wall)
5-6& Cross R over L, Step L back, Step R slight diagonal back
7 Cross L over R
8&1 Step R back, Step L next to R, Step R fwd

:::5:::FWD STEP, SPIN TURN R, SHUFFLE FWD X2, FWD ROCK, RECOVER

2-3 Step L fwd, Make a full spin turn R-weight on L
4&5 Step R fwd, Step L next to R, Step R fwd
6&7 Step L fwd, Step R next to L, Step L fwd
8& Rock R fwd, Recover on L (restart 5th wall)

:::6:::STEP BACK, COASTER STEP, STEP 1/2 TURN L, STEP, FWD ROCK, RECOVER, 1/4 TURN L, SHUFFEL 1/4 L

1-2&3 Step R back, Step L back, Step R next to L, Step L fwd
4&5 Step R fwd, 1/2 turn L-weight on L, Step R fwd
6&7 Rock R fwd, Recover on L, 1/4 Turn L-step L to L side
8&1 1/4 Turn L-step R to R side, Step L next to R, Step R to R side (1st count of the dance)

Restart: In the 1st and 3th wall after count 4 section 4 (hipsways) 06.00

Restart: In the 5th wall after count 8& section 5 (forward rock, recover) 06.00

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