Just The Feeling

拍数: 32

级数: Improver

编舞者: Mathew Sinyard (UK) - March 2012

音乐: Dancing On the Ceiling (feat. Rascal Flatts) - Lionel Richie : (Album: Tuskegee)

Intro; 56 counts	
Section 1: Side,	Hold, Behind Side Cross, Side Rock Recover ¼, Shuffle Forward.
1-2	Step right foot to right side, hold.
3&4	Cross left foot behind right foot, step right foot to right side, cross left foot over right foot.
5-6	Rock right foot to right side, recover making a 1/4 turn to the left.
7&8	Shuffle forward – right, left, right.
Section 2: Rock	recover, coaster step, Funky Skates Forward, Shuffle Forward.
1-2	Rock forward onto left foot, recover onto right.
3&4	Step back on left foot, step right beside left, step forward left.
5-6	Skate forward twice – right, left (with attitude).
7&8	Shuffle forward – right left right.
Section 3: Rock	, Recover & Step turn ¼ left, Over, Side, Behind Side Cross.
1-2	Rock forward onto left foot, recover onto right.
&3-4	Bring left foot in beside right foot, step right foot forward, pivot 1/4 turn to the left.
5-6	Cross right foot over left foot, step left foot to left side.
7&8	Cross right foot behind left foot, step left foot to left side, cross right foot in front of left foot.
Section 4: Side,	Touch, Side Close ¼, Rock, Recover Coaster Cross.
1-2	Step left foot to left side, touch right beside left.
3&4	Step right foot to right side, close left foot beside right, step right foot to right side making a ¼ turn to the right.
5-6	Rock forward onto left foot, recover onto right.
7&8	Step back onto left foot, step right beside left foot, cross left foot in front of right.
Tag – At the end Side Touch x2	d of wall 6 –
1-2	Step right foot to right side, Touch left beside right foot
3-4	Step left foot to left side, Touch right foot beside left foot.
Then restart the dance again.	





墙数:4