

Cowboy Cumbia

拍数: 40 墙数: 4 级数: Beginner - Country
编舞者: Malou Bugarin (USA) & Friends (INA) - September 2010
音乐: Cowboy Cumbia - Javier Molina



I: SIDE ROCKS, BASIC CUMBIA

1-4 Point RF to side, step RF next to left, Point LF to side, step LF next to right.
5-8 Point RF to front, to the side, back of LF, close by stepping next to LF

II: BASIC CUMBIA, CROSS ROCKS, POINT ROCK

1-4 Point LF to front, to the side, back of RF, close by stepping next to RF
5&6 Cross point RF diagonally over left, step on left, point RF diagonally back
&7 Step on LF, cross RF diagonally over left,
&8& Step on left, point RF diagonally back, step on left

III: CROSS ROCK, POINT ROCK

1-2 Step RF across left, point LF to left
3&4 Cross point LF diagonally over right, step on right, point LF diagonally back
&5 Step on RF, cross LF diagonally over right
&6 Step on right, point LF diagonally back
&7-8 Step on right, cross LF over right, point right foot diagonally back

IV: HOP, FLICK, FORWARD SHUFFLE

1-2 Hop on right foot, flick left foot behind, hop on left foot, flick right foot forward
3-4 Hop on right foot and flick left foot forward, hop on left foot, flick right foot back
5&6 Forward shuffle, right, left, right
7&8 Forward shuffle, left, right, left

V: BACK/FORWARD SHUFFLE, 1/4 TURN SHUFFLE

1&2 Back Shuffle, right, left, right
3&4 Forward shuffle, left, right, left
5&6 ¼ turn to right and shuffle right, left, right
7&8 Shuffle to the left, left, right, left

START AGAIN.....ENJOY!!!
