

Suave

拍数: 0 墙数: 1 级数: Phrased Intermediate
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音乐: Suave (Kiss Me) (feat. Mohombi & Pitbull) - Nayer



Intro: 32 counts

Sequence: A – B – C – D (4 WALLS) – A – B – C – D (1 WALL) – A – B - C

Pattern A (point forward and back, Step point forward and back)

Part 1 (forward and point , backward and point)

1-2 Right point in front, Right together
3 Left point in front, Left together
5&6 Right diagonally back, Left recover, Right together
7&8 Left diagonally back, Right recover, Left together

Part 2 (Forward and point, backward and point)

1-2 Right step forward, Left point to side
3-4 Left step forward, Right point to side
5-6 Right step backward, Left point to side
7-8 Left step backward, Right point to side

Repeat Pattern A for a second time

Pattern B (3times point forward each feet, side rock to each side, walk back)

Part 1

1-2-3 Right point a little forward, Right point further, Right step forward
4 Left kick back
5-6-7 Left point a little forward, Left point further, Left step forward
8 Right kick back

Part 2

1&2 Right rock to side, Left recover, Right together
3&4 Left rock to side, Right recover, Left together
5-6-7-8 Right back, Left back, Right back, Left recover

Repeat Pattern B for a second time

Pattern C (cross rock diagonally fwd, hip round, reach turn, hip round again)

Part 1

1-2-3 Right cross over Left diagonally, Left recover, Right recover
4 Left turn to opposite diagonal while kick back
5-6-7 Left cross over Right diagonally, Right recover, Left recover
8 Right turn to front wall (1/8 left turn) while kick back

Part 2

1-2-3-4 Right step forward, Left stay on place while doing hip round from right to left
5-6 Right step forward, Left half left turn on place (reach turn) while hip round you're now facing
back wall, repeat part 1 and part 2 and add the next 4 counts
7-8 Right and Left feet stay on place with hip round
9-10 Right and Left feet stay on place knee bend + hip round

Repeat Pattern C again except count 9-10 and the end.

Pattern D (side together, rock back- on 4 walls)

1-2 Right to side, Left together

3&4 Right to side, Left rock back, Right recover
5-6 Left 1/4 right turn to side, Right together
7&8 Left to side, Right rock back, Left recover
Repeat Pattern D on 4 walls, then add
9-10 Right to side, Left together

Pattern D (side together, rock back- on 1 wall)

1-2 Right to side, Left together
3&4 Right to side, Left rock back, Right recover
5-6 Left to side, Right together
7&8 Left to side, Right rock back, Left recover
9-10 Right to side, Left together

Happy Dancing !
