Wedding Waltz (P)

拍数: 24

级数: Beginner - Couples

编舞者: Anne Frydenlund (DK) - April 2012

音乐: Brudevalsen - Teddy Petersen : (Album: Tæt På Vol. 1)

The Dance starts after 9 seconds after intro music has played.

The lady starts on with the weight on the left foot and the man with the weight on the right foot. The man is standing on the left side of the woman.

The woman holds right hand at her right shoulder and left hand in front of the man (by his stomach). The man has right hand in the woman's right hand and left in her left hand.

S1. Forward slide, together, forward slide, Forward slide, together, forward slide.

- 1-2-3 Lady slide right forward, left beside right, slide right forward
- 1-2-3 Man slide left forward, right beside left, slide left forward
- 4-5-6 Lady slide left forward, right beside left, slide left forward
- 4-5-6 Man slide right forward, left beside right, slide right forward

S2. Forward slide, together, forward slide, Forward slide, together, forward slide.

- 1-2-3 Lady slide right forward, left beside right, slide right forward
- 1-2-3 Man slide left forward, right beside left, slide left forward
- 4-5-6 Lady slide left forward, right beside left, slide left forward
- 4-5-6 Man slide right forward, left beside right, slide right forward

S3. Stand in place / basis 1/2 turn, Step point.

- 1-2-3 Lady turns left by stepping right forward ½ turn L, step left beside right, step right beside left
- 1-2-3 Man steps in place by stepping on left, right, left
- 4-5-6 Lady steps back on left foot, Point right diagonal behind (weight on left), Hold
- 4-5-6 Man steps forward on right, Point left diagonal forward (weight on right), Hold

S4. Stand in place / basis 1/2 turn, Step point.

- 1-2-3 Lady turns left under the arm of the man by stepping right forward ½ turn L, step left beside right, step right beside left
- 1-2-3 Man steps in place by stepping on left, right, left
- 4-5-6 Lady steps back on left foot, Point right diagonal behind (weight on left), Hold
- 4-5-6 Man steps back on right foot, Point left diagonal behind (weight on right), Hold

Start again and have fun.

Happy wedding anniversary.





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墙数: 2