Be My Love, Be My Friend



拍数: 64

墙数:2

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音乐: To Be Your Man - Don Williams : (CD: Smokey And The Bandit 1)

级数: Improver

Intro 16 counts

Rocking Chair, Side Rock, Cross Shuffle

- 1 RF rock forward
- 2 LF recover
- 3 RF rock back
- 4 LF recover
- 5 RF rock to side
- 6 LF recover
- 7 RF cross over
- & LF step to side
- 8 RF cross over

Side Rock, Shuffle Forward, Rock Forward, Coaster Step

- 1 LF rock to side
- 2 RF recover
- 3 LF step forward
- & RF close
- 4 LF step forward
- 5 RF rock forward
- 6 LF recover
- 7 RF step back
- & LF close
- 8 RF step forward

Rock Forward, Lock Step Back, Touch, 1/2 Turn, Back Rock

- 1 LF rock forward
- 2 RF recover
- 3 LF step back
- & RF lock across
- 4 LF step back
- 5 RF touch behind
- 6 R+L ½ turn right (weight LF)
- 7 RF rock back
- 8 LF recover

Kick Ball Change x2, Side Rock, Coaster Step

- 1 RF kick forward
- & RF step beside
- 2 LF step in place
- 3 RF kick forward
- & RF step beside
- 4 LF step in place
- 5 RF rock to side
- 6 LF recover
- 7 RF step back
- & LF close



RF step forward

Behind Side Cross, Rock, Kick Ball Change

- 1 LF step to side
- 2 RF cross behind
- & LF step to side
- 3 RF cross over
- 4 LF step to side
- 5 RF rock back
- 6 LF recover
- 7 RF kick forward
- & RF step beside
- 8 LF step in place

1/4 Monterey Turn x2

- 1 RF point to side
- 2 RF ¼ right, close
- 3 LF point to side
- 4 LF close
- 5 RF point to side
- 6 RF ¼ right, close
- 7 LF point to side
- 8 LF close

Jazz Box ¼ Turn x2

- 1 RF cross over
- 2 LF step back
- 3 RF ¼ right, step to side
- 4 LV step forward
- 5 RF cross over
- 6 LF step back
- 7 RF ¼ right, step to side
- 8 LV step forward

Side Rock, Triple x2

- 1 RF rock to side
- 2 LF recover
- 3 RF step in place
- & LF step in place
- 4 RF step in place
- 5 LF rock to side
- 6 RF recover
- 7 LF step in place
- & RF step in place
- 8 LF step in place

Start Again

Restart: Dance the 4th wall up to and included count 15 (count 7 of 2nd section) and add: 8 RF touch beside and restart the dance

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