

# Let It All Go

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Matthew Grocott (UK) - June 2012  
音乐: Let It Go - Alexandra Burke



## Start on vocals

### S1: Side Shuffle Right, Rock, Recover, ¼ Turn R, Touch, ¼ Side Shuffle

1&2      Step right to right side, Step left next to right, Step right to right side  
3-4      Rock back on left, Rock forward on right  
5-6      ¼ Right stepping back on left, Touch right next to left  
7&8      ¼ Right stepping right to right side, step left next to right, Step right to right side

### S2: Rock, Recover, L back shuffle, R back shuffle, L toe point, L point side

1-2      Rock forward on left, Rock back on right  
3&4      Step back on left, Step right next to left, Step back on left  
5&6      Step back on right, Step left next to right, step back on right  
7-8      Point left toe in front right, Point left toe to left side

### S3: ¼ L sailor, Full turn left, R mambo step, L toe point, L point side

1&2      Left behind right, Step right to right side, Step left next to right  
3-4      ½ Left stepping back on right, ½ left stepping on forward on left  
5-6      Rock forward on right, Rock back on left, Step back on right  
7-8      Point left toe in front right, Point left toe to left side

### S4: ¼ L sailor, Full turn left, ¼ R jazz box, Step forward

1&2      Left behind right, Right to right side, Step left next to right  
3-4      ½ Left stepping back on right, ½ Left stepping forward on left  
5&6      Cross right over left, ¼ Turn right stepping back on left, Step right to right side  
7      Step forward on right  
8      Hold

### S5: R grapevine, Touch, skates left right, Rock, Recover

1&2      Step right to right side, Step left behind right, Step right to right side  
3      Touch left next to right  
4-5      Skate left, Skate right  
6-7      Skate left, Skate right  
8&      Rock forward on left, Rock back on right

### S6: ½ Turn L shuffle, Step ½ turn L, Step out, knee bends, Hold

1&2      ½ Turn left stepping left, right, left  
3-4      Step forward on right, ½ turn left  
5-6      Step right out right side, Step left out left side  
7&8      bend right knee inward, Bend left knee inward, Bend right knee inward  
&      Hold

Restart 1: After 32 counts which u will end up on wall 3 start dance again.

Restart 2: After 32 counts which u will end up on wall 4 start dance again.

Tag 1 : After 48 Counts which u will end up on wall 7

### Rocking Chair, Full Turn, Easy Come Easy Go Steps, Hold

1-2      Rock forward on right, Rock back on left  
3-4      Rock back on right, Rock forward on left

5-6 Step forward on right ½ left  
7-8 Step forward on right ½ left  
& Hold

**Restart 3: After 22 counts which u will end up on wall 8 start dance.**

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